

2AM Remix SYNCO Mambo

COPPERKNOB
STEPSHEETS

拍数: 32 墙数: 4 级数: Intermediate
编舞者: Val Saari (CAN) - February 2019
音乐: 2AM (Matoma Remix) - Astrid S



MAMBO RIGHT, LF SYNCOPATED MAMBO BACK, LF ROCKING CHAIR X 2

1&2 RF Rock side right, LF recover, RF close together beside L
&3& Rock LF back (&), Recover RF, Step LF toes beside R, hold (4&)
5&6& Rock LF forward, Recover RF, Rock LF back, Recover RF
7&8& Rock LF forward, Recover RF, Rock LF back, Recover RF

MAMBO LEFT, RF SYNCOPATED MAMBO BACK, SHUFFLE FWD, FLICK (R,L)

1&2 LF Rock side left, RF recover, LF close together beside R
&3& Rock Rf back (&), Recover LF, Step RF toes beside L, hold (4&)
5&6& Shuffle Forward RLR, Flick LF heel up
7&8& Shuffle Forward LRL, Flick RF heel up

STEP-PIVOT 1/4 LEFT, RF KICK-BALL SIDE POINT L, STEP-POINTS FORWARD

1-2 Step RF forward, Pivot 1/4 turn left (weight on left)
3&4 Kick RF Forward, Step RF next to Left, Point Left Toe to Left Side
5-6 Step LF forward, Point Right Toe to Right Side
7-8 Step RF forward, Point Left Toe to left Side

CROSS/ROCK, SHUFFLE BACK LRL PIVOT 1/2 L, V-STEP

1-2 Cross/rock LF over R, recover RF
3&4 Shuffle back LRL Pivot 1/2 L
5-6 Step RF diagonally forward (1:00), Step LF diagonally forward (11:00)
7-8 Step RF back to centre, Step LF together

REPEAT - No Tags, No Restarts

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