

On My Way

COPPER KNOB
STEPSHEETS

拍数: 64 墙数: 2 级数: Beginner / Improver
编舞者: Liz Gardiner (AUS) - February 2019
音乐: On My Way - Sheppard : (Album: Single - 3:23)



Start after 8 counts on vocals, weight on left. Direction: CW

No Tags or Restarts! When to music fades keep dancing to tempo and all will be fine.

S1:, R SIDE, BEHIND, SIDE, CROSS, SIDE SHUFFLE, ROCK BACK, RECOVER

1, 2, 3, 4, Step R to R side, Step L behind R, Step R to R side, Cross L over R,
5, &, 6, 7, 8, Step R to R side, Step L beside R, Step R to R Side, Rock L behind R, Recover R, (12.00)

S2:, L SIDE, BEHIND, SIDE, CROSS, SIDE SHUFFLE, ROCK BACK, RECOVER

1, 2, 3, 4, Step L to L side, Step R behind R, Step L to L side, Cross R over L,
5, &, 6, 7, 8, Step L to L side, Step R beside L, Step L to L Side, Rock R behind L, Recover L, (12.00)

S3:, R SIDE, TOG, FWD, TOUCH, L SIDE, TOG, FWD, TOUCH

1, 2, 3, 4. Step R to R side, Step L beside R, Step R forward, Touch L beside L,
5, 6, 7, 8, Step L to L side, Step R beside L, Step L forward, Touch R beside L, (12.00)

S4:, FWD, 1/2 L PIVOT, x2, ROCK, RECOVER, 1/2 R, TOG

1, 2, 3, 4, Step R forward, 1/2 L pivot, Step R forward, 1/2 L pivot,
5, 6, 7, 8, Step R forward, Recover L, Turn 1/2 turn R stepping R forward, Step L beside R, (6.00)

S5:, SIDE, TOUCH, STEP 1/4 R SIDE, TOUCH, 1/4 R SIDE, TOUCH, 1/4 R SIDE, TOUCH,

1, 2, 3, 4, Step R to R side, Touch L beside R, Turn 1/4 R stepping L to L side, Touch R beside L (9.00)
5, 6, 7, 8, 1/4 R Stepping R to R side, Touch L beside R, (12.00), Turn 1/4 R stepping L to L side,
Touch R beside L, (3.00)

S6:, R BACK LOCK STEP, L BACK LOCK STEP, ROCK, RECOVER, KICK BALL CHANGE

1, &, 2, Step R back on diagonal, Cross L over R, Step R back,
3, &, 4, Step L back on diagonal, Cross R over L, Step L back,
5, 6, 7, &, 8, Rock back on R, Recover L, Kick R forward, Step R beside L, Step L in place, (R Kick ball
change) (3.00)

S7:, , 1/4 R V STEP, V STEP

1, 2, 3, 4. Step R forward to R diagonal, Step L forward to L diagonal, 1/4 R stepping R to R side, Step
L beside R, (6.00)
5, 6, 7, 8. Step R forward to R diagonal, Step L forward to L diagonal, Step R back to centre, Step L
beside R, (6.00)

S8:, SIDE, TOUCH, x 2, HIPS RLRL

1, 2, 3, 4, Step R to R side, Touch L beside R, Step L to L side, Touch R beside L,
5, 6, 7, 8, Push Hips to RLRL, (6.00)

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Latest Update – 3rd February 2019