

Rusak

拍数: 32 墙数: 4 级数: High Beginner
编舞者: Mei Rizal (INA) - January 2019
音乐: Rusak by Ragil



Intro: 20 counts

I. STEP FORWARD, SPIN/Drag, ROCKING CHAIR, BACK, ¼ TURN STEP SIDE, CROSS OVER, SIDE, BEHIND, SIDE, CROSS OVER

1,2 Step L forward, spin to right (full turn, weight on L) (12:00)

Option : Drag R beside L

3&4 Rock R forward, recover on L, step back on R

5&6& Step L to back, ¼ turn right step R to right side, cross L over R, step R to side

7&8 Cross L behind R, step R to right side, cross L over R (3:00)

II. ROCK, RECOVER, BEHIND-SIDE-CROSS, POINT SIDE, TOUCH BESIDE, STEP SIDE, ROCK BEHIND, RECOVER, ¼ TURN STEP BACK, ¼ TURN STEP SIDE

1,2 Step R to right side, recover on L

3&4 Cross R behind L, step L to left side, cross R over L

5&6 Point L to left side, touch L beside R, big step L to left side

7&8& Rock R behind L, recover on L, ¼ turn left step R to back, ¼ turn left step L to left side (9:00)

III. ROCK, RECOVER, CHASSE, ROCKING, FLICK TURN 3/8

1,2 Rock R to left diagonal forward, recover on L (7:30)

3&4 Step R to right side, step L together, step R to right side (9:00)

5&6 Rock L to right diagonal forward, recover on R, step L to back (10.30)

8&7&8 Rock R to back, recover on L, step R forward (10:30), flick L turn 3/8 to right

IV. CROSS, SYNCOPATED, FORWARD, ½ TURN, SHUFFLE

1&2& Cross L over R, rock R to right side, recover on L, step R together (3:00)

3&4 Rock L to left side, recover on R, step L together

5,6 Step R forward, ½ turn left step on L

***Restart on Wall 6, count to 30, change step, no turn, drag L to R (weight on R) (12:00)**

7&8 Shuffle forward on R-L-R

Tag 1: After Wall 3

1,2 Sway to R – L

Tag 2: After Walls 5, 7

1,2 Sway to R – L

3,4 Repeat 1-2

***One Restart on Wall 6, count to 30, change step, no turn, drag L to R (weight on R) (12:00)**

Have FUN !!

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