

La Petite Robe Noire / The Little Black Dress

COPPERKNOB
STEPSHEETS

拍数: 124 墙数: 1 级数: Novice / Intermediate - Novelty
编舞者: Francoise Fournier (CH) - January 2019
音乐: These Boots Are Made for Walkin' - Nancy Sinatra



Sequence: A, B, A, B, A, B, A
Intro: 32 Count

PART A : 92 Count Start at 12.00

A1 : TOE STRUT 2X, SCISSOR STEP

1 RF Step R on toe
2 RF Drop heel
3 LF Cross over RF on toe
4 LF Drop heel
5 RF Step R
6 LF Step together
7 RF Cross over LF
8 Hold

A2 : TOE STRUT 2X, SCISSOR STEP

9 LF Step L on toe
10 LF Drop heel
11 RF Cross over LF on toe
12 RF Drop heel
13 LF Step L
14 RF Step together
15 LF Cross over RF
16 Hold

A3 : WALK HOLD 2X, MONTEREY ½ TURN R

17 RF ¼ Turn R, Step forward (3.00)
18 Hold
19 LF Step forward
20 Hold
21 RF Touch Toe R
22 RF Step together, ½ Pivot Turn R (9.00)
23 LF Touch Toe L
24 LF Step together

A4 : MONTEREY ½ TURN R, HEEL 2X

25 RF Touch Toe R
26 RF Step together, ½ Pivot Turn R (3.00)
27 LF Touch Toe L
28 LF Step together
29 RF Touch Heel forward
30 RF Step together
31 LF Touch Heel forward
32 LF Step together (3.00)

A5 : DIAGONALLY LOCK STEP HOLD 2X

33 RF Step diagonally R forward
34 LF Cross behind RF
35 RF Step diagonally R forward
36 Hold
37 LF Step diagonally L forward
38 RF Cross behind LF
39 LF Step diagonally L forward (3.00)
40 Hold

A6 : STEP ½ TURN L, STEP ¼ TURN L

41 RF Step forward (3.00)
42 Hold
43 LF ½ Turn L, Step forward (9.00)
44 Hold
45 RF Step forward
46 Hold
47 LF ¼ Turn L, Step L (6.00)
48 Hold

A7 : JAZZ BOX CROSS (WITH TOE STRUT = 4X)

49 RF Cross over LF on toe
50 RF Drop heel
51 LF Step toe backwards
52 LF Drop heel
53 RF Step R on toe
54 RF Drop heel
55 LF Cross over RF on toe
56 LF Drop heel (6.00)

A8 : BACK, SIDE L, CROSS (WITH TOE STRUT = 3X), BACK, LOCK

57 RF Step toe backwards
58 RF Drop heel
59 LF Step L on toe
60 LF Drop heel
61 RF Cross over LF on toe
62 RF Drop heel
63 LF Step backwards
64 RF Step cross forward LF (6.00)

A9 : WALK BACKWARDS 3X, TOUCH, WINE R, TOUCH

65 LF Step backwards
66 RF Step backwards
67 LF Step backwards
68 RF Touch together
69 RF Step R
70 LF Step behind RF
71 RF Step R
72 LF Touch together (6.00)

A10 : WALK FORWARD 3X, TOUCH, WINE R, TOUCH

73 LF Step forward
74 RF Step forward
75 LF Step forward
76 RF Touch together

- 77 RF Step R
- 78 LF Step behind RF
- 79 RF Step R
- 80 LF Touch together (6.00)

A11 : ROLLING WINE L TOUCH, POINT TOUCH 2X

- 81 LF ¼ Turn L, Step forward (3.00)
- 82 RF ½ Turn L, Step backwards (9.00)
- 83 LF ¼ Turn L, Step L (6.00)
- 84 RF Touch together
- 85 RF Touch Toe R
- 86 RF Touch together
- 87 RF Touch Toe R
- 88 RF Touch Toe behind LF

A12 : TWIST TURN ½ R

- 89 LF Start Pivot ½ Turn R (12.00)
- 90 BF with Knees bend
- 91 BF with Knees bend
- 92 LF Finnish Pivot Turn (weight to LF) (12.00)

PART B : 32 COUNT Start at 12.00

B1 : RUNS FORWARD 4X, RUNS BACKWARDS 4X

- 1 RF 1/8 Turn R, Small run forward (1.30)
- 2 LF Small run forward
- 3 RF Small run forward
- 4 LF Small run forward
- 5 RF Small run backwards
- 6 LF Small run backwards
- 7 RF Small run backwards
- 8 LF Small run backwards

B2 : RUNS FORWARD 4X, RUNS BACKWARDS 4X

- 9 RF ¼ Turn R, Small run forward (4.30)
- 10 LF Small run forward
- 11 RF Small run forward
- 12 LF Small run forward
- 13 RF Small run backwards
- 14 LF Small run backwards
- 15 RF Small run backwards
- 16 LF Small run backwards

B3 : RUNS FORWARD 4X, RUNS BACKWARDS 4X

- 17 RF ¼ Turn R, Small run forward (7.30)
- 18 LF Small run forward
- 19 RF Small run forward
- 20 LF Small run forward
- 21 RF Small run backwards
- 22 LF Small run backwards
- 23 RF Small run backwards
- 24 LF Small run backwards

B4 : RUNS FORWARD 4X, RUNS BACKWARDS 4X

- 25 RF ¼ Turn R, Small run forward (10.30)
- 26 LF Small run forward

- 27 RF Small run forward
- 28 LF Small run forward
- 29 RF Small run backwards
- 30 LF Small run backwards
- 31 RF Small run backwards
- 32 LF 1/8 Turn R, Small run backwards (12.00)

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