Time Heals

拍数: 32 **墙数:** 4 **级数:** Intermediate

编舞者: Kim Liebsch (DK) - February 2019

音乐: Be Alright - Dean Lewis : (3:16)

Intro: 4 seconds- Start on 1'st beat - Start with weight on L foot

***5 Tags: (1) After wall 1(6:00)*(t1) (2) After wall 3(9:00)*(t1) (3) On wall 4 after 31 counts(9:00) **(t2) (4) After wall 5(3:00)*(t1) (5) On wall 6 after 31 counts(3:00)**(t2)**

Tag/Restart: On wall 2 after 16 counts (touch R beside L on the & count) –Start again (3:00)***

Ending: On wall 7 after 16 counts, step L fw. sweep R ½ turn L to face 12:00

#1 section: Basic step R, ¼ turn step fw, cross rock side rock step back with sweep, behind side

1-2&	Step R to R side, close L behind R, cross R over L 12:00
3-4	Make ¼ turn L stepping fw. on L, step fw. on R 9:00
5&6&7	Cross rock L over R, recover on R, rock L to L side, recover on R, step back on L while sweeping R 9:00
8&	Cross R behind L, step L to L side 9:00

#2 section: Side behind ¼ turn, step ½ turn step, full turn ¼ basic step, step side sailor ½ turn

1-2&	Step R to R side, cross L behind R, step ¼ turn R stepping R fw. 12:00
3&4	Step fw. on L, make ½ turn R stepping fw. on R, step fw. on L 6:00
&5&6&	Make ½ turn L stepping back on R, make ½ turn L stepping fw. on L, make ¼ turn R stepping R to R side, close L behind R, cross R over L 3:00
7&8&	Step L to L side, sweep/cross R behind L making ½ turn R stepping L to L side, step fw. on R (***) 9:00

#3 section: ½ turn, step ¼ cross, 2 X ¼ turn cross, recover ¼ turn point touch, step side together (scissor)

1	Make ½ turn L stepping fw. on L 3:00
2&3	Step fw. on R, make ¼ turn L stepping L to L side, cross R over L 12:00
4&5	Make ¼ turn R stepping back on L, make ¼ turn R stepping R to R side, cross L over R 6:00
6&7&	Recover on R, make ¼ turn L stepping fw. on L, point R to R side, touch R beside L 3:00
8&	Step R to R side, step L next to R 3:00

#4 section: Cross, turn 3/8 with 3 X run run fw. 3 X run back, sailor 3/8 turn, cross

1	Cross R over L 3:00
2&3	Turn 1/3 L stepping fw. on L, run R, run L 11:00
4&5	Run back R-L-R 11:00
6&7	Sweep/cross L behind R making 3/8 turn L stepping R to R side, step fw. on L (**4-6) 6:00
8	Cross R over L (*1-3-5) 6:00

Tag(t1) Spiral full turn L, step fw. on L (After wall 1-3-5)

1-2	Make full spiral turn L keeping weight on R, step fw. on L

Tag(t2) Step ½ turn (On wall 4-6)

8&	Step fw. on R, make ½ turn L stepping fw. on L

Good Luck & N´joy!

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