

Nothing Breaks Like a Heart

COPPER KNOB
STEPSHEETS

拍数: 32 墙数: 4 级数: High Beginner
编舞者: Magali Chabret Erhard (FR) - January 2019
音乐: Nothing Breaks Like a Heart (feat. Miley Cyrus) - Mark Ronson : (CD: Single, December)



#25 seconds intro

S1 : R TOE STRUT, TRIPLE FWD, ROCK FWD, TRIPLE BACK

1-2 Step forward on right toes – drop right heel
3&4 Step Lf forward – step Rf beside Lf – step Lf forward
5-6 Rock forward on Rf – recover onto Lf
7&8 Step back on Rf – step Lf beside Rf – step back on Rf

S2 : BACK ROCK, PIVOT ¼ TURN R, CROSS, SIDE, SAILOR STEP

1-2 Rock back on Lf – recover onto Rf
3-4 Step Lf forward – pivot 1/4 turn right, taking weight on Rf (3.00)
5-6 Cross Lf over Rf – step Rf to right side
7&8 Step ball on Lf behind Rf – step ball on Rf to right side – step Lf to left side

**** Restart here, wall 6**

S3 – CROSS ROCK, SIDE ROCK, JAZZ BOX SQUARE

1-2 Rock Rf over Lf – recover onto Lf
3-4 Rock Rf to right side – recover onto Lf
5-6-7-8 Cross Rf over Lf – step back on Lf – step Rf to side – cross Lf over Rf

*** Restart here, wall 2**

S4 – POINT, CROSS, POINT, STEP, PIVOT ½ TURN L TWICE

1-2 Point right toes to right side – step Rf in front of Lf
3-4 Point left toes to left side – step Lf in front of Rf
5-6 Step Rf forward – pivot 1/2 turn left (9.00)
7-8 Step Rf forward – pivot 1/2 turn left (3.00)

Restarts :

- wall 2 starts facing 3.00, dance 24 counts then restart the dance from the beginning, facing 6.00
- wall 6 starts facing 3.00, dance 16 counts then restart the dance from the beginning, facing 6.00

« Croquez la vie à pleines danses ! » Magali Chabret - galicountry76@yahoo.fr - www.galichabret.com
Fiche originale de la chorégraphe. Merci de ne pas modifier ces pas de quelque manière que ce soit.