

# Only a Fool

拍数: 32      墙数: 4      级数: Low Intermediate  
编舞者: Norman Gifford (USA) - January 2019  
音乐: Only A Fool - Bouke



## Rolling rhythm in 4/4 meter

### (Step forward, forward lock-step, rock-step, back-lock-step, sweep behind)

1            Right step forward  
2,a3        Left step forward; right lock behind; left step forward  
4-5        Right rock forward; left replace back  
6,a7        Right step back; left cross-lock; right step back  
8            Left sweep behind

### (Step side, cross-rock into sways, cross-lock-step, reverse-turn ½ right)

1            Right step side  
2,a3        Left cross-rock; right replace; left step side in hip sway  
4-5        Hip sway right; hip sway left  
6,a7        Right crossover; left lock behind; right step crossed over  
8            Left step side in spin turn ½ right [6:00]

\*\*\* [ENDING] (on 6:00 Wall #7, you will be facing 12:00)

### (Step side, syncopated serpientè, pivot turn ¼ right, step-lock)

1            Right step side  
2,a3        Left sweep across; right step side; left step back  
4,a5        Right sweep behind; left step side; right crossover  
6-7        Left step side; pivot turn ¼ right  
8,a        Left step forward; right lock behind

### (Step forward, sweep, sweep, mambo-step back, sweeps back, sailor-step turning ½ right )

1-3        Left step forward; right sweep forward; left sweep forward  
4&a        Right rock forward; left replace; right step back  
5-7        Left sweep back; right sweep back; left sweep back  
8,a        Right sweep back turning ½ right; left together [3:00]

## BEGIN AGAIN

\*\*\* ENDING: Done slowly to match the speed of the lyrics

### (Right long step side, hold, left step side, hold, right step side, hold, night-club steps right and left)

1-3        Right long step side; hold (2-3) hold through ("only a")  
4            Left step side ("fool"); hold through ("breaks his own")  
5            Right long step side on "heart" (wait for it!!!)  
6,a7        Left rock back; right replace; left long step side  
8,a1        Right rock back; left replace; right long step side into pose

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Last Update - 31st Jan. 2019