

Rainberry

拍数: 32 墙数: 4 级数: High Improver
编舞者: Guillaume Richard (FR) & José Miguel Belloque Vane (NL) - January 2019
音乐: Rainberry - ZAYN



Intro: 8 Counts

Restart : At wall 2 and 5, after the first 16 counts, restart the dance

Tag : After wall 3 and at wall 8 after 16 counts, do the 4 next counts :

1-2& Step R to R (1), Cross L behind R (2), Recover on R (&)

3-4& Step L to L (3), Cross R behind L (4), Recover on L (&)

[1 – 8] Side Step, Sailor Step, Together Step, Touch, Side Step, Sailor ¼ turn Step, Flick

1-2& Step R to R (1), Cross L behind R (2), Step R to R (&) 12:00

3&4& Step L diagonally forward (3), Step R next to L (&), Step L diagonally forward (4), Touch R next to L (&) 12:00

5-6& Step R to R (5), Cross L behind R (6), Make ¼ turn R stepping R to R (&) 3:00

7-8 Step L to L (7), Flick R behind L (8) 3:00

[9 – 16] ¼ turn Step, Step ½ turn, Mambo, Back Step, Drag, Ball Step, Out Out, ¾ turn Spiral

1-2& Make ¼ turn R stepping R forward (1), Step L forward (2), Make ½ turn R (&) 12:00

3&4 Step L forward (3), Recover on R (&), Step L backward (4) 12:00

5&6 Drag R next to L (5), Step R on ball next to L (&), Step L forward (6) 12:00

&7-8 Step R to R (&), Step L to L (7), Unwind ¾ turn R with weight on L and R cross over L (8) 9:00

RESTART, at walls 2 and 5

TAG at wall 8 and Restart

[17 – 24] Walk x2, Side Rock, Step and ½ turn Hitch, Kick, Run x2, Mambo, Run back x2

1-2 Step R forward (1), Step L forward (2) 9:00

&3-4 Step R to R (&), Recover on L (3), Step R forward and make ½ turn R with hitch L knee (keep your L foot close to your R leg) (4) 3:00

5-6& Kick L forward (5), Step L forward (6), Step R forward (&) 3:00

7&8& Step L forward (7), Recover on R (&), Step L backward (8), Step R backward (&)

Option : Make a full turn on count 8& : Make ½ turn L stepping L forward (8), Make ½ turn L stepping R backward (&) 3:00

[25 – 32] ½ turn Step and Sweep, Cross, Back Mambo Step, ¼ turn Step x2, Press and Slide, ½ turn Step

1-2 Make ½ turn L stepping L forward and sweep R from back to front (1), Cross R over L (2) 9:00

&3-4 Step L backward (&), Recover on R (3), Step L forward (4) 9:00

5-6 Make ¼ turn L stepping R to R (5), Make ¼ turn L stepping L to L (6) 3:00

7-8 Press R toes forward and Slide L backward (7), Make ½ turn L stepping L forward (8) 9:00

TAG after wall 3