

Let Me Down Slowly

COPPER KNOB
STEPSHEETS

拍数: 32 墙数: 2 级数: Intermediate
编舞者: Stina-Eliza Sild - January 2019
音乐: Let Me Down Slowly - Alec Benjamin



Intro : 06 seconds, starts with word This night...

Body roll to R , R point, weave and cross, unwind, R sweep, cross, step R to right, step L behind R, 1/4 step to

1& press R to right diagonal while doing body roll(1), bring weight to L(&
2 point R to right diagonal (in the air)
3&4 step R behind L(3),step L to left side(&), cross R over L and unwind doing full turn(4)
5 step L fwd(5)
6&7 sweep R fwd. and cross R over L(6), step L back(&), step R to right side(7)
8& step L behind R (12.00)(8), step R 1/4 to right (15.00)(&

L step , R step, L rock , step together, step back R,L(5-6), run backwards R,L(7&), R step fwd

1 step L fwd (15.00)
2 step R fwd
3&4 rock fwd on L, turn your head to the left side(weight on L)(3), bring weight on R(&), step L next to R(4)
5 step R back
6 step L back
7& run back R, L
8& step R fwd(8), weight back to L(&

L sweep, L over R, step R back, L next to R, R sweep, R behind L, L to left, step R fwd, L rock, step together, 1/2 turn

1 step R fwd and L sweep fwd
2& step L over R(2), step R back(12.00)(&
3 bring L next to R while doing R sweep(from front ot back)facing 12.00
4&5 step R behind L(4), step L to left side(&), step R fwd(5)
6& L rock fwd(6), weight back to R(&
7 step L next to R
8 1/2 turn with legs together(on toes)(over L shoulder)

R back, L fwd, R fwd, hold, cross L over R, hold, unwind full turn

1 step R back (weight on R) and turn your head to the sky
2 step L fwd
3 step R fwd.
4 hold
5 cross L over R
6 hold
7,8 unwind full turn(over R shoulder)(on 8 weight on L)