

BELLA, Como La NOCHE ..

COPPER **KNOB**
STEPSHEETS

拍数: 32 墙数: 4 级数: Improver
编舞者: Val Saari (CAN) - January 2019
音乐: Au Au Au - Álvaro Soler



WALK FORWARD (RL), SIDE MAMBOS (RL), TOE-TAPS (RR), KICK RF

1-2 Walk forward, RF, LF
3&4 RF Rock side right, LF recover, Step RF beside Left
5&6 LF Rock side left, RF recover, Step LF beside Right
7&8 Tap RF toes forward twice, Kick RF forward across L (hold)

RF CROSS MAMBO, CHA CHA CHA 1/4 PIVOT R, LINDY LEFT

1-2 RF Cross over L, LF Recover weight
3&4 RF step 1/4 pivot Right, Step LF beside R, Step RF in place
5&6 Shuffle left, LRL
7-8 Rock back on RF, Recover on LF

TOE/HEEL FORWARD X 4

1-4 Step RF forward on toes (bump hips R), Step down on heel/ Step LF forward on toes in front of RF (bump hips L), Step down on heel
5-8 Step RF forward on toes in front of LF on toes (bump hips R), Step down on heel/ Step LF forward on toes in front of RF (bump hips L), Step down on heel

RF ROCK/RECOVER, SHUFFLE RLR PIVOT 1/2 R, LF ROCK/RECOVER, SHUFFLE LRL PIVOT 1/2 L,

1-2 Rock RF forward, recover LF
3&4 Shuffle back RLR Pivot 1/2 R
5-6 Rock LF forward, recover RF
7&8 Shuffle back LRL Pivot 1/2 L

REPEAT - No Tags, No Restarts

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