

Ooh-bi-doo Mambo

拍数: 32 墙数: 4 级数: Beginner
编舞者: Ulrika Andersson (SWE) - January 2014
音乐: "I Wanna Be Like You" - Robbie Williams & Olly Murs



Alternative music suggestions: "Kvinnor är smartast" – Sigge Hills orkester
"Your Love Keep Lifting Me Higher" – Michael McDonald
"If You Wanna Be Happy" – Dr Victor

R walk, L walk, fwd mambo step, L back, R back, back mambo step

1-2 Step R forward, step L forward
3&4 Rock forward on to R, recover weight on to L in place, step R back
5-6 Step L back, step R back
7&8 Rock back on to L, recover weight on to R in place, step L forward

Side mambo x 2, rock & cross, L chasse

1&2 Rock R to R side, recover weight on to L in place, step R next to L
3&4 Rock L to L side, recover weight on to R in place, step L next to R
5&6 Rock R to R side, recover weight on to L in place, cross step R over L
7&8 Step L to L side, close R next to L, step L to L side

Rock & ¼ turn R , L shuffle, rumba box back (syncopated)

1&2 Rock back on to R, recover weight on to L in place, turn ¼ R stepping forward on R
3&4 Step L forward, close R next to L, step L forward
5&6 Step R to R side, step L together, step R back
7&8 Step L to L side, step R together, step L forward

Point fwd, point side, coaster step x 2

1-2 Point R forward, point R to R side
3&4 Step R back, step L back next to R, step R forward
5-6 Point L forward, point L to L side
7&8 Step L back, step R back next to L, step L forward
