

# If You're Hearing This

COPPER KNOB  
STEPSHEETS

拍数: 32      墙数: 2      级数: Improver  
编舞者: Hiroko Carlsson (AUS) - January 2019  
音乐: If You're Hearing This - Hook N Sling, Parson James & Betty Who : (iTunes)



(Intro: 16 counts)

## [S1] Dip-Point, 1/8L Fwd, Fwd, Fwd, Kick, Back, Back

1 2      Dip down on both feet shoulder width apart, Recover and point L to left diagonal  
3 4      Make a 1/8 turn left stepping forward on L, Step forward on R  
5 6      Step forward on L, Kick R forward  
7 8      Step back on R, Step back on L (10:30)

## [S2] 3/8R Fwd, Sweep, 2x Cross Samba, Fwd Rock, Recover

1 2      Make a 3/8 turn right stepping forward on R, Sweeping L around R  
3&4      Cross L over R, Rock/step R to right, Recover weight on L  
5&6      Cross R over L, Rock/step L to left, Recover weight on R  
7 8      Rock/step forward on L, Recover weight on R (3:00)

## [S3] 2x Side Mambo, Shuffle Back, Coaster Step

1&2      Rock/step L to left, Recover weight on R, Step L together  
3&4      Rock/step R to right, Recover weight on L, Step R together  
5&6      Shuffle back LRL  
7&8      Step back on R, Step L next to R, Step forward on R (3:00)

## [S4] Step-Pivot 1/4R, Cross Shuffle, Side Rock-Recover-Cross, Dip-Point

1 2      Step forward on L, Make a 1/4 turn right recover weight on R  
3&4      Cross L over R, Step R close to L, Cross L over R  
5&6      Rock/Step R to right, Recover weight on L, Cross R over L  
7 8      Step L to left and dip down, Recover and point R to right diagonal (6:00)

**Start Over - No Tags or Restarts**

Please feel free to contact me if you need any further information. ([hirokoclinedancing@gmail.com](mailto:hirokoclinedancing@gmail.com))  
(updated: 26/Jan/19)