

# Borrow My Heart

COPPER KNOB  
STEPPERS

拍数: 40      墙数: 2      级数: Intermediate  
编舞者: Sophie Ruhling (FR) - August 2018  
音乐: Borrow My Heart (feat. Clare Bowen, Jonathan Jackson & Sam Palladio) -  
Nashville Cast : (Album: The Music Of Nashville)



Start with lyrics - 11 TAGS - 5 RESTARTS - 1 FINAL

## SECT.1 : TRIPLE STEP R FWD, TRIPLE STEP L FWD, STEP 1/2 TURN L, STEP R FWD, COASTER STEP L FWD

1&2      walk R, walk L beside R, walk R  
3&4      walk L, walk R beside L, walk L  
5&6      walk R, 1/2 turn L (weight on L), walk R (6.00)  
7&8      walk L, walk R beside L, back L

## SECT.2 : TRIPLE STEP R SIDE, CROSS ROCK STEP L OVER R, STEP L SIDE, CROSS TRIPLE STEP R OVER L, 1/4 TURN L, TRIPLE STEP L FWD

1&2      step R to R side, step L beside R, step R to R side  
3&4      cross rock step L over R, recover on R, step L to L side  
5&6      cross R over L, step L beside R, cross R over L  
7&8      1/4 turn L walk L, walk R beside L, walk L (3.00)

\*tag 3 here walls 2-4-6 (9.00-9.00-3.00)

## SECT.3 : 1/2 TURN L TRIPLE STEP R, SAILOR STEP L, SAILOR STEP R, SAILOR STEP L 1/4 TURN L

1&2      1/4 turn L step R to R side, step L beside R, 1/4 turn L back R (9.00)  
3&4      cross L behind R, step R to R side, step L to L side  
5&6      cross R behind L, step L to L side, step R to R side  
7&8      cross L behind R, 1/4 turn L step R to R side, step L to L side (6.00)

\*restart here wall 6 (6.00)

## SECT.4 : LOCKED TRIPLE BACK R, 1/2 TURN L TRIPLE STEP L FWD, HEEL GRIND R 1/4 TURN R, STEP R, HEEL GRIND L 1/2 TURN L, STEP L

1&2      back R, back L locked over R, back R  
3&4      1/4 turn L step L to L side, step R beside L, 1/4 turn L walk L (12.00)  
5&6      step R heel fwd (heel rotate to the outside), 1/4 turn R step L in place, step R in place (3.00)  
7&8      step L heel fwd (heel rotate to the outside), 1/2 turn L step R in place, step L in place (9.00)

\*tag 1 here walls 1-3-5-8 (9.00-9.00-9.00-12.00)

\*tag 2 here after tag 1 walls 1 & 3 (12.00)

\*tag 3 here walls 2 & 4 (3.00)

\*restart here walls 1-3-5-7 (6.00-6.00-12.00-3.00) after the tags when they exist

\*ending here wall 8 (3.00) after tag 1 : add 1/4 TURN L, STOMP R TO R SIDE

## SECT.5 : TRIPLE STEP R SIDE, CROSS L OVER R, BACK R, 1/4 TURN L STEP L FWD, RUN RUN RUN R-L-R & L-R-L

1&2      step R to R side, step L beside R, step R to R side  
3&4      cross L over R, back R, 1/4 turn L walk L (6.00)  
5&6      run R, run L, run R  
7&8      run L, run R, run L

## TAG 1

### [1-8] STOMP R, HOLD, STOMP L, HOLD, JAZZ BOX 1/4 TURN R

1-2      stomp R fwd, hold  
3-4      stomp L fwd, hold

5-6 cross R over L, back L  
7-8 1/4 turn R walk R, walk L

## **TAG 2**

1-4 WALK R-L-R-L 1/2 CIRCLE TO THE RIGHT

## **TAG 3**

**[1-8] STOMP UP R, HEEL BOUNCES X3, STOMP UP L, HEEL BOUNCES X3**

1 stomp up R fwd  
&2&3&4 R heel up, R heel down (X3) (weight on R)  
4 stomp up L fwd  
&2&3&4 L heel up, L heel down (X3) (weight on L)

## **PHRASING:**

wall 1 : Sect.1 S2 S3 S4 + tag 1 + tag 2 + restart

wall 2 : S1 S2 + tag 3 + S3 S4 + tag 3 + S5

wall 3 : S1 S2 S3 S4 + tag 1 + tag 2 + restart

wall 4 : S1 S2 + tag 3 + S3 S4 + tag 3 + S5

wall 5 : S1 S2 S3 S4 + tag 1 + restart

wall 6 : S1 S2 + tag 3 + S3 + restart

wall 7 : S1 S2 S3 S4 + restart

wall 8 : S1 S2 S3 S4 + tag 1 + final

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