

C'mon & RESCUE ME!

COPPER KNOB
BY STEPHEN

拍数: 32 墙数: 4 级数: Beginner
编舞者: Val Saari (CAN) - January 2019
音乐: Rescue Me - Fontella Bass



SIDE TOE-STRUTS RIGHT, LINDY RIGHT

1-2 Touch RF toes to right side, Step RF heel down
3-4 Touch LF toes beside RF, Step LF heel down
5&6 Shuffle right, RLR
7-8 Rock back on LF, Recover on RF

LF ROCKING CHAIR, VINE L PIVOT 1/4 L, SCUFF

1-2 Rock LF forward, Recover RF
3-4 Rock LF back, Recover RF
5-6 Step LF left, Step RF behind LF
7-8 Step LF to left side 1/4 pivot left, Scuff RF

JAZZ BOX, LINDY RIGHT

1-2 Cross RF over Left, Step Left back
3-4 Step RF to side, Step LF together with Right
5&6 Shuffle right, RLR
7-8 Rock back on LF, Recover on RF

LF ROCKING CHAIR, LINDY LEFT

1-2 Rock LF forward, Recover RF
3-4 Rock LF back, Recover RF
5&6 Shuffle left, LRL
7-8 Rock back on RF, Recover on LF

REPEAT - No Tags, No Restarts

Email: valeriesaari@icloud.com - Phone: 1-905-246-5027