拍数： 64
壇数： 2
级数：Intermediate
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音乐：Nothing Breaks Like a Heart（feat．Miley Cyrus）－Mark Ronson

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#48 Count intro - 25secs) ...
Music Available on Download from iTunes & www.amazon.co.uk
Out - Out. Right Lock Step Back. Left Lock Step Back. Back Rock.
1-2 Step Right Diagonally forward Right. Step Left out to Left side.
3&4 Step back on Right. Lock step Left across Right. Step back on Right. (Angle upper body
                                Right)
5&6 Step back on Left. Lock step Right across Left. Step back on Left. (Angle upper body Left)
7-8 Rock back on Right. Rock forward on Left.
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Right Cross Samba．Left Cross Samba．Cross．1／4 Turn Right．Chasse $1 / 4$ Turn Right．
1\＆2 Cross step Right forward over Left．Step Left to Left side．Step Slightly forward on Right．
$3 \& 4 \quad$ Cross step Left forward over Right．Step Right to Right side．Step Slightly forward on Left．
5－6 Cross step Right over Left．Make 1／4 turn Right stepping back on Left．（Facing 3 o＇clock）
7\＆8 Step Right to Right side．Close Left beside Right．Make 1／4 turn Right stepping forward on Right．

Step．Pivot $1 / 2$ Turn Right．Cross Rock \＆Side Step Left．Touch Across．Touch Out．Behind \＆Cross．
1－2 Step forward on Left．Pivot $1 / 2$ turn Right．（Facing 12 o＇clock）
$3 \& 4 \quad$ Cross rock Left forward over Right．Rock back on Right．Step Left to Left side．
5－6 Touch Right toe forward across Left．Touch Right toe out to Right side．
7\＆8 Cross Right behind Left．Step Left to Left side．Cross step Right over Left．
Side Rock．\＆ $1 / 4$ Turn Right． $1 / 2$ Turn Right．Right Sailor 1／4 Turn Right．Touch Across．Touch Out．
1－2 Rock Left out to Left side．Recover on Right．
\＆3 Step ball of Left beside Right．Make $1 / 4$ turn Right stepping forward on Right．
4 Make 1／2 turn Right stepping back on Left．
5\＆6 Sweep／Cross Right behind Left making 1／4 turn Right．Step Left beside Right．Step Right to Right side．
7－8 Touch Left toe forward across Right．Touch Left toe out to Left side．（Facing 12 o＇clock）
Sailor $1 / 4$ Turn Left．Hip Bump 1／2 Turn Left．Hip Bump $1 / 2$ Turn Left．Step．Pivot $1 / 4$ Turn Left．
1\＆2 Cross Left behind Right making $1 / 4$ turn Left．Step Right beside Left．Step forward on Left．
3 Make 1／4 turn Left touching Right toe slightly Right bumping Right hip up．
$4 \quad$ Make $1 / 4$ turn Left stepping slightly back on Right．
$5 \quad$ Make 1／4 Left touching Left toe slightly Left bumping Left hip up．
$6 \quad$ Make $1 / 4$ turn Left stepping slightly forward on Left．
7－8 Step forward on Right．Pivot $1 / 4$ turn Left．（Facing 6 o＇clock）${ }^{* * * R e s t a r t ~ P o i n t ~ W a l l ~} 5^{* * *}$
Cross Rock．\＆Cross． $2 \times 1 / 4$ Turns Left．Cross．\＆ $2 \times 1 / 4$ Turns Right．Step Forward．
1－2 Cross rock Right forward over Left．Rock back on Left．
\＆3－4 Step ball of Right to Right side．Cross step Left over Right．Make $1 / 4$ turn Left stepping back on Right．
5－6 Make $1 / 4$ turn Left stepping Left to Left side．Cross step Right over Left．（Facing 12 o＇clock）
\＆7
8 Make $1 / 4$ turn Right stepping back on Left．Make $1 / 4$ turn Right stepping Right to Right side． Step forward on Left．（Facing 6 o＇clock）${ }^{* * *}$ Restart Point Wall $3^{* * *}$

Diagonal Rock．\＆Back．1／8 Turn Right．Touch with Knee Pop．Heel Strut 1／4 Turn Left．\＆Step Forward．

1-2 Rock Right Diagonally forward Right. Rock back on Left.
\&3 Step ball of Right beside Left. (Still on Right Diagonal) Step back on Left.
4 Make $1 / 8$ turn Right stepping Right to Right side. (Facing 9 o'clock)
$5 \quad$ Touch Left toe beside Right popping Left knee in across Right.
6-7 Make 1/4 turn Left touching Left heel forward. Drop Left toes to floor. (Weight on Left)
\&8 Step ball of Right beside Left. Step forward on Left. (Facing 6 o'clock) ***Restart Point Wall 1***

Right Jazz Box x 2.
1-4 Cross step Right over Left. Step back on Left. Step Right to Right side. Step forward on Left.
5-8 Cross step Right over Left. Step back on Left. Step Right to Right side. Step forward on Left.

## Start Again

Restarts: All 3 Restarts happen Facing 6 o'clock...During Wall 1, 3 and 5
Note: You will never actually Complete the Whole dance whilst Facing 6 o'clock Wall

