

Nothing Breaks Like A Heart

COPPERKNOB
STEPSHEETS

拍数: 64 墙数: 2 级数: Easy Intermediate
编舞者: Esmeralda van de Pol (NL) - January 2019
音乐: Nothing Breaks Like a Heart (feat. Miley Cyrus) - Mark Ronson



Intro: 16 counts

HEEL GRIND & CROSS, SIDE, BACK ROCK, CHASE L

1-2& Cross R heel in front of LF, Step LF slightly to L side, Step RF next to LF
3-4 Cross LF over RF, Step RF to R side
5-6 Rock LF back, Recover weight on RF
7&8 Step LF to L side, Step RF next to LF, Step LF to L side

BACK ROCK, PIVOT ½ TURN L, SHUFFLE, ¾ TURN R

1-2 Rock RF back, Recover weight on LF
3-4 Step RF fwd, ½ turn L-weight on LF
5&6 Step Rf fwd, Step LF next to RF, Step RF fwd
7-8 ½ turn R-step LF back, ¼ turn R, step RF to R side

CROSS ROCK, CHASE L, SYNCOPATED JAZZBOX, SIDE

1-2 Rock LF across RF, Recover weight on RF
3&4 Step LF to L side, Step RF next to LF, Step LF to L side
5-6& Step RF across LF, Step LF back, Step RF to R side
7-8 Step LF across RF, Step RF to R side

SAILOR STEP L&R, BEHIND, ¼ TURN R, SHUFFLE FWD

1&2 Step LF behind RF, Step RF to R side, Step LF to L side
3&4 Step RF behind LF, Step LF to L side, Step RF to R side
5-6 Step LF behind RF, ¼ turn R-step RF fwd
7&8 Step LF fwd, Step RF next to LF, Step LF fwd

SIDE ROCK, CROSS SHUFFLE, SIDE, TOGETHER, COASTER STEP

1-2 Rock RF to R side, Recover weight on LF
3&4 Step RF across LF, Step LF to L side, Step RF across LF
5-6 Step LF to L side, Step RF next to LF
7&8 Step LF back, Step RF next to LF, Step LF fwd

***Restart wall 5

SIDE TOGETHER, SHUFFLE FWD, CROSS ROCK, CHASE L

1-2 Step RF to R side, Step LF next to RF
3&4 Step RF fwd, Step LF next to RF, Step RF fwd
5-6 Rock LF across RF, Recover weight on RF
7&8 Step LF to L side, Step RF next to LF, Step LF to L side

***Restart wall 3

HEEL SWITCHES, PIVOT ¼ TURN L, HEEL SWITCHES, PIVOT ¼ TURN L

1&2& Touch R heel fwd, Step RF next to LF, Touch L heel fwd, Step LF next to RF
3-4 Step RF fwd, ¼ turn L-weight on L
5&6& Touch R heel fwd, Step RF next to LF, Touch L heel fwd, Step LF next to RF
7-8 Step RF fwd, ¼ turn L-weight on L

***restart wall 1

FWD ROCK, COASTER TSTEP, PIVOT ½ TURN, SHUFFLE FWD

1-2 Rock RF fwd, Recover weight on LF
3&4 Step RF back, Step LF next to RF, Step RF fwd
5-6 Step LF fwd, ½ turn R-weight on RF
7&8 Step LF fwd, Step RF next to LF, Step LF fwd,

Restarts:

Wall 1 after 56 counts

Wall 3 after 48 counts

Wall 5 after 40 counts

Dance With Esmeralda

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