

Let Me Down Slowly

COPPERKNOB
BY SHEETS

拍数: 32 墙数: 2 级数: Improver
编舞者: Angéline Fourmage (FR) - January 2019
音乐: Let Me Down Slowly - Alec Benjamin



Start : 8 counts No Restart – No Tag

[1-8] : Walk, Walk, Ball-Cross ¼ L, Step ¼ R, Rock ¼ R, Cross, Walk Back ¼ L

1-2 RF FW, LF FW
3&4 Make ¼ L with RF to R side, Cross LF over RF, Make ¼ R with RF FW
5&6 LF FW, Recover to RF with ¼ R, Cross LF over RF
7&8 Make ¼ L with RF Back, LF Back, RF Back

[9-16] : Coaster-Step, Lock-Step, Step ½ L, Sweep, Rock Back, Rock Side, Cross Shuffle

1&2 LF Back, RF next to LF, LF FW
&3&4 Cross RF behind LF, LF FW, Make ½ L with RF back with L Sweep from front to Back
5&6& LF Back, Recover to RF, LF to L side, Recover RF
7&8 LF over RF, RF to R side, LF over RF

[17-24] : Side, Point, Mambo, Together, Side, Point, Mambo, Together

1-2 RF to R side, Point LF to L side
3&4 LF to L side, Recover to RF, LF next to RF
5-6 RF to R side, Point LF to L side
7&8 LF to L side, Recover to RF, LF next to RF

[25-32] : Step, Lock, Step, Back, Coaster-Step, Step, Lock, Step, Coaster-Step

1&2 RF Back, Cross LF over RF, RF Back
3&4 LF Back, RF next to LF, LF FW
5&6 RF FW, Cross LF behind RF, RF FW
7&8 LF FW, RF next to LF, LF Back

NOTA : RF = Right foot ; LF = Left Foot ; FW = Forward

Smile and enjoy the dance

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