Mona Lisa

级数: High Beginner

编舞者: Antoinette Claassens (NL) - January 2019

墙数:4

音乐: Mona Lisa - Shakin' Stevens

Intro: 16 C	Counts
Sec 1: R S	Swivels, L Swivels, Sailor Step, Behind-Side-Cross
1&2	RF+LF. Turn heels to R - RF+LF. Turn toes to R - RF+LF. Turn heels to R
3&4	LF+RF. Turn heels to L - LF+RF. Turn toes to L - LF+RF. Turn heels to L (weight on LV)
5&6	RF. Cross behind LF - LF. Step side - RF. Step side
7&8	LF. Cross behind RF - RF. Step side - LF. Cross over RV
Sec 2: Shi	uffle with 1/4 Turn R, Step fwd, 1/4 Turn R, Cross, Side, Touch, Side Touch, Shuffle with 1/4 Turn R
1&2	RF. 1/4 Turn R step fwd - LF. Step together - RF. Step fwd (3:00)
3&4	LF. Step fwd - 1/4 Turn R - LF. Cross over RF (6:00)
5&6&	RF. Step side - LF. Touch toe beside RF - LF. Step side - RF. Touch toe beside LF
7&8	RF. 1/4 Turn R step fwd - LF. Step together - RF. Step fwd (9:00)
Sec 3: Ma	mbo fwd, Sailor 1/4 Turn R, Cross, Side, Behind, 1/4 Coaster Step
1&2	LF. Rock fwd - RF. Recover - LF. Step together
3&4	RF. Cross behind LF with 1/4 turn R - LF. Step on place - RF. Step slightly fwd (12:00)
5&6	LF. Cross over RF - RF. Step side - LF. Cross behind RF
7&8	RF. 1/4 Turn L step back - LF. Step together - RF. Step fwd (9:00)
Sec 4: Ste	p fwd, Pivot 1/2 Turn R, Step fwd, Full Turn L, Touch fwd, Hitch, Step back, Coaster Step
1&2	LF. Step fwd - Pivot 1/2 turn R - LF. Step fwd (3:00)
3&4	RF. 1/2 Turn L step back - LF. 1/2 Turn L step fwd - RF. Step fwd (3:00)
5&6	LF. Touch toe fwd - LF. Hitch knee - LF. Step back
7&8	RF. Step back - LF. Step together - RF. Step on place







拍数: 32