

Blijf vanavond heel even bij mij

拍数: 96 墙数: 4 级数: Phrased Novice
编舞者: Tjwan Oei (NL) - January 2019
音乐: Blijf Vanavond Heel Even Bij Mij - Frans Bauer



Sequence : A - B - B - A - B - B - A - A - Ending

Start the dance after : Blijf vanavond ,.....

A :

A01: Jazz box with a cross over – Diagonally right shuffle – Diagonally left shuffle

1-2-3-4 RF. cross over LF. – LF. step back – RF. step to right side – LF. cross over RF.
5&6-7&8 RF. step diag. right fwd .– LF. step together – RF. step fwd.– LF. step diag. left fwd. – RF.
step together – LF. step fwd.

A02: Vine to right side – ¼ Turn left and hitch – Step forward – Lock - Step forward – Scuff forward

1-2-3-4 RF. step to right side – LF. cross behind RF. - RF. step to right side - LF. step 1/4 turn left
and hitch
5-6-7-8 LF. step forward – RF. lock behind LF. - LF. step forward - RF. scuff forward

A03: Rocking chairs – Pivot ½ turn left – Pivot 1/4 turn left

1-2-3-4 RF. rock forward – Recover weight onto LF. – RF. rock back – Recover weight onto LF.
5-6-7-8 RF. step forward – RF./LF. pivot 1/2 turn left – RF. step forward – RF./LF. pivot 1/4 turn left

A04: Cross over – Step back – Step to right side – Cross over – Step 1/4 turn left back – Step forward (L – R - L)

1-2-3-4 RF. cross over LF. – LF. step back – RF. step to right side – LF. cross over RF.
5-6-7-8 RF. step ¼ turn left back – Step forward (L – R - L)

A05: Step diag . right forward – Lock – Step fwd . – Scuff – Step diag . left forward – Lock – Step fwd. – Scuff

1-2-3-4 RF. step diagonally right forward – LF. lock behind RF. – RF. step forward – LF. scuff forward
5-6-7-8 LF. step diagonally left forward – RF. lock behind LF. – LF. step forward – RF. scuff forward

A06: Rock fwd . – Recover - Step 1/2 turn right - Together - Step 1/4 turn right – Together - Rock back – Recover

1-2-3-4 RF. rock forward – Recover weight onto LF. – RF. 1/2 turn to right – LF. step together beside
RF.
5-6-7-8 RF. step ¼ turn right – LF. step together beside RF. – RF. rock back – Recover weight onto
LF.

A07: Cross over – Step back – Step back – Cross over - Rock back – Recover – Walk forward (R – L)

1-2-3-4 RF. cross over LF. – LF. step back – RF. step back – LF. cross over RF.
5-6-7-8 RF. rock back – Recover weight onto LF. – Walk forward (R – L)

A08: Vine to right side – Step 1/4 turn left back – Step forward (L – R - L)

1-2-3-4 RF. step to right side – LF. cross behind RF. – RF. step to right side – LF. cross over RF.
5-6-7-8 RF. step ¼ turn left back – Step forward (L - R - L)

B :

B01: Step diagonally right forward – Lock behind – Step forward – Lock behind – Step forward - Step diagonally left forward – Lock behind – Step forward – Lock ehind – Step forward

1-2-3&4 RF. step diagonally to right forward – LF. lock behind RF. – RF. step fwd. – LF. lock behind
RF. – RF. step forward

5-6-7&8 LF. step diagonally left forward – RF. lock behind LF. – LF. step fwd. – RF. lock behind LF. – LF. step forward

B02: Rocking chairs – Stomp right feet – Stomp left feet – Hold (in two count)

1-2-3-4 RF. rock forward – Recover weight onto LF. – RF. rock back – Recover weight onto LF.

5-6-7-8 RF. stomp on place – LF. stomp on place – Hold in two count

B03: Cross over – Step back – Step to right side – Cross over – 1/4 Turn left back – Step forward (L - R - L)

1-2-3-4 RF. cross over LF. – LF. step back – RF. step to right side – LF. cross over RF.

5-6-7-8 RF. step 1/4 turn left back – Step forward 9 L – R - L)

B04: Vine to right side – Jazz box with 1/4 turn to right

1-2-3-4 RF. step to right side – LF. cross behind RF. – RF. step to right side – LF. cross over RF.

5-6-7-8 RF. cross over LF. – LF. step back – RF. step 1/4 turn to right side – LF. step together

Ending : Do the dance A : Section 07 and section 08 till the end ,.....

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