

Favourite Thing

拍数: 64 墙数: 4 级数: Intermediate
编舞者: Kate Sala (UK) - January 2019
音乐: Favourite Thing - Fleur East



Intro: 16 Counts/ 9 seconds.

Syncopated Side Rocks Right & Left, & Heel & Touch & Kick Ball Change.

1 2 & Side rock on R out to right side. Recover on to L. Step R next to L.
3 4 Side rock on L out to left side. Recover on to R.
& 5 Small step back on L. Dig R heel forward.
& 6 Step R down in place. Touch L next to R.
&7 &8 Small Step back on L. Kick R forward. Step down on ball of R. Step forward on L.

Shuffle Forward, Step Pivot 1/2 Turn Right, Step Pivot 1/4 Turn Right, Cross Mambo 1/4 Turn Left.

1 & 2 Step forward on R. Step L next to R. Step forward on R.
3 4 Step forward on L. Pivot 1/2 turn right.
5 6 Step forward on L. Pivot 1/4 turn right.
7 & 8 Cross rock on L over R. Recover on to right. Turn 1/4 left stepping forward on L.

(Restart during wall 1, 2 facing 6:00)

Turn 1/2 Left, Turn 1/4 Left, Cross Shuffle, Side Rock, Recover, Cross Step, Side Step.

1 2 Turn 1/2 left stepping back on R. Turn 1/4 left stepping L to left side.
3 & 4 Cross step R over L. Step L to left side. Cross step R over L.
5 6 Side rock on L out to left side. Recover on to R.
7 8 Cross step L over R. Long step on R to right side dragging L towards R.

Rock Back, Recover, Rock Forward, Recover, Step Back Heel Dig x 2, Step Back, Kick, Out, Out.

1 - 4 Rock back on L. Recover on to R. Rock forward on L. Recover on to R.
&5 &6 Small step back on L. Dig R heel forward. Small step back on R. Dig L heel forward.
&7 &8 Small step back on L. Kick R forward. Step R out to right side. Step L out to left side.

Sway Hips Right, Left x 2, Syncopated Weave Left, Side Rock, Recover.

1 - 4 Sway hips R, L, R, L bending the knees slightly as you push your hips to the sides.
5 & 6 Cross step R behind L. Step L to left side. Cross step R over L.
7 8 Side rock on L out to left side. Recover on to R.

Sailor Step 1/2 Turn Left, Step Pivot 1/2 Turn left, Walk Forward x 2, Rock Forward, Recover.

1 & 2 Cross step L behind R. Turn 1/2 left stepping R to right side. Small step forward on L.
3 4 Step forward on R. Pivot 1/2 turn left.
5 6 Walk forward on R, L.
7 8 Rock forward on R. Recover on to L.

Turn 1/2 Right, Turn 1/2 Right, Sweep Right, Ball Step, Cross, Point, Cross Samba Step.

1 - 3 Turn 1/2 right stepping forward on R. Turn 1/2 right stepping back on L. Sweep R round to right side.
& 4 Step back on ball of R. Step forward on L.
5 6 Cross step R over L. Point L toe out to left side.
7 & 8 Cross step L over R. Side rock on R to right side. Step slightly forward on L.

Modified Jazz Box 1/4 Turn Right x 2, Side Step Right, Step Together.

1 2 & 3 Cross step R over L. Turn 1/4 right stepping back on L. Step R to right side. Step forward on L.

4 5 & 6 Cross step R over L. Turn 1/4 right stepping back on L. Step R to right side. Cross step L over R.

7 8 Long step on R to right side. Step L next to R.

Start Again Enjoy

Restarts: There are 2 Restarts.

During wall 1 after 16 Counts, & during wall 4 after 16 counts.

Both times you start the dance facing front wall (12:00) and Restart facing back wall (6:00).
