

This Is Your Time

COPPER KNOB
STEPPERS

拍数: 48 墙数: 4 级数: Beginner
编舞者: Linda Pink (AUS) - January 2019
音乐: Out of Our Heads - Take That : (Album: Odyssey - 2:52)



Introduction Counts: 8

CHARLESTON STEP, CHARLESTON STEP

1,2 Touch R Toe Forward, Step Back On R
3,4 Touch L Toe Back, Step Forward Onto L
5,6 Touch R Toe Forward, Step Back On R
7,8 Touch L Toe Back, Step Forward Onto L 12

V STEP, V STEP

1,2 Step R forward at 45 deg Right, Step L forward at 45 deg Left
3,4 Step R back to the centre, Step L next to R
5,6 Step R forward at 45 deg Right, Step L forward at 45 deg Left
7,8 Step R back to the centre, Step L next to R 12

PADDLE TURN, PADDLE TURN, VINE RIGHT TOUCH

1,2 Paddle Turn: Step R forward, Turn $\frac{1}{4}$ Left take weight onto L
3,4 Paddle Turn: Step R forward, Turn $\frac{1}{4}$ Left take weight onto L 6
5,6 Step R to the side, Step L behind R,
7,8 Step R to the side, Touch L next to R

VINE LEFT $\frac{1}{4}$ TURN SCUFF, JAZZ BOX CROSS

1,2 Step L to the side, Step R behind L,
3,4 Turn $\frac{1}{4}$ Left Step L fwd, Scuff R thru 3
5,6 Jazz Box: Step R across in front of L, Step L back
7,8 Step R to the side, Step L across R

VINE RIGHT TOUCH, VINE LEFT $\frac{1}{4}$ TURN SCUFF

1,2 Step R to the side, Step L behind R,
3,4 Step R to the side, Touch L next to R
5,6 Step L to the side, Step R behind L,
7,8 Turn $\frac{1}{4}$ Left Step L fwd, Scuff R thru 12

JAZZ BOX $\frac{1}{8}$ TH RIGHT, JAZZ BOX $\frac{1}{8}$ TH RIGHT

1,2 Jazz Box turning $\frac{1}{8}$ th Right: Step R across in front of L, Step L back
3,4 Step R to the side, Step L Forward
5,6 Jazz Box turning $\frac{1}{8}$ th Right: Step R across in front of L, Step L back
7,8 Step R to the side, Step L Forward 3

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