

I've Been Loving You

COPPER KNOB
STEPSHEETS

拍数: 48 墙数: 2 级数: Intermediate
编舞者: Colleen Archer (AUS) - January 2019
音乐: I've Been Loving You Too Long - Guy Sebastian : (Album: The Memphis - iTunes
- 4:11)



Intro: 24 counts (Music can be faded after 8 walls at 2.57 mins)
SP: Weight on R BPM: 138 Rotation: ½ CCW 4th January, 2019

Forward, Turn ¼ and Together, Together, Waltz Back

1 – 3 Step L forward, Turn ¼ left and step R beside L, Step L beside R
4 – 6 Step R back, Step L beside R, Step R beside L (9)

Forward, Lift Knee, Back, Back, Turn ¼ and Side

1 – 3 Step L forward, Slowly lift R knee for 2 counts
4 – 6 Step R back, L, Step L back, Turn ¼ right and step R to right side (12)

Across, Slow Sweep, Across, Turn ½ & Side

1 – 3 Step L across R, Sweep R across L for 2 counts
4, 5 Step R across L, Turn ¼ right & step L back
6 Turn ¼ right & step R to right side (6)

Waltz Forward, Back, Hook, Hold

1 – 3 Step L forward, Step R beside L, Step L beside R
4 – 6 Step R back, Hook L across R shin, Hold (6)

Forward, Turn ¼ and Sweep, Weave Across, Side, Behind

1 – 3 Step L forward, Turn ¼ left sweeping R around for 2 counts
4 – 6 Step R across L, Step L to left side, Step R behind L (3)

Side, Drag, Touch, Full Turn

1 – 3 Step L to left side, Drag R toward L, Touch R beside L
4, 5 Turn ¼ right & step R forward, Turn ½ right & step L back,
6 Turn ¼ right & step R to right side (3)

Across, Turn ¼, Tog, Tog, Back, Turn ¼ and Tog, Tog

1 – 3 Step L across R, Turn ¼ left and step R beside L, Step L beside R (1.30)
4 – 6 Step R back, Turn ¼ left and step L beside R, Step R beside L (10.30)

Forward, Turn ¼, Tog, Tog, Back, Turn 1/8, Tog, Tog

1 – 3 Step L forward, Turn ¼ left and Step R beside L, Step L beside R (7.30)
4 – 6 Step R back, Turn 1/8 left and Step L beside R, Step R beside L (6)

Begin dance again.....

Finish: Waltz forward L R L turning ½ left, Step R back, Drag L back across R, Hold

Dance may be copied and distributed provided original steps remain unchanged.

E-mail: colleen.archer@bigpond.com - 0400872467 - "For...Geoff"