

Bring It

拍数: 32 墙数: 4 级数: Beginner
编舞者: Hana Ries (USA) - January 2019
音乐: Bring It on Over - Billy Currington



Start dancing on lyrics (after "Oh, yeah"..5,6,7,8) (counterclockwise)
(Read: R=right foot, L=left foot)

MAMBO "AROUND THE WORLD"

1&2 Rock R to right, Recover to L, Step R next to L
3&4 Rock L to left, Recover to R, Step L next to R
5&6 Rock R forward, Recover to L, Step R next to L
7&8 Rock L back, Recover to R, Step L next to R

WALK, WALK, SHUFFLE FORWARD, $\frac{3}{4}$ PADDLE TURN RIGHT

1-2 Step R forward, Step L forward
3&4 Step R forward, Step L next to R, Step R forward (facing 12:00)
5& Turn $\frac{1}{4}$ right stepping L to left (3:00), Press from L (shift weight to R) turning $\frac{1}{8}$ to right (4:30)
6& Step L to left, Press from L (shift weight to R) turning $\frac{1}{8}$ to right (6:00)
7& Step L to left, Press from L (shift weight to R) turning $\frac{1}{8}$ to right (7:30)
8& Step L to left, Press from L (shift weight to R) turning $\frac{1}{8}$ to right (9:00)

Note: During the paddle turn don't worry about the exact walls. The 4 paddles must take you $\frac{3}{4}$ around to your right, that's all (starting at 12:00, ending at 9:00). And if you slightly overturn or underturn, no worries, you can fix it with the next steps.

Option: To spice it up, you can do 4 turning hiprolls instead of the paddle turns.

STEP TOUCH, STEP TOUCH, SIDE SHUFFLE LEFT, ROCK BACK/RECOVER

1-2 Step L to left, Touch R next to L
3-4 Step R to right, Touch L next to R
5&6 Step L to left, Step R next to L, Step L to left
7-8 Rock R back, Recover to L

Option: When you "touch", you can clap hands, or snap fingers.

Restart here on wall 3 facing 3:00

SKATE, SKATE, DIAGONAL SHUFFLE, SKATE, SKATE, DIAGONAL SHUFFLE

1-2 Slide R diagonally forward (11:30), Slide L diagonally forward (7:30)
3&4 Step R diagonally forward, Step L next to R, Step R diagonally forward (11:30)
5-6 Slide L diagonally forward (7:30), Slide R diagonally forward (11:30)
3&4 Step L diagonally forward, Step R next to L, Step L diagonally forward (7:30)

Option: If skates feel uncomfortable, walk in place or sway instead.

REPEAT

Restart during wall 3 after 24 counts. Start dancing facing back wall (wall 3), keep going all the way to "lindy" (side shuffle, rock/recover), you are now facing 3:00. Restart.

Ending You will be facing 9:00 when the song comes to an end (at the end of wall 9). Just look over your right shoulder towards 12:00, push your hips to left and strike a pose