

Breaking the Rules

拍数: 32 墙数: 4 级数: Advanced
编舞者: Helen Hiimäe (EST) - 2016
音乐: Breaking the Rules - Liis Lemsalu



Intro: 64 count

(1-8) Step L forward, sweep R across, 1/8 left back, back, 1/8 left coaster step, step, step, shuffle back, 1/4 left side, 1/4 right forward with L sweep

1-2 &a Step L forward, sweep R back to front across L, step L 1/8 diagonally left side back (1:30), step R back
3 &a 4 L 1/8 right back (3:00), R step next to L, step L forward, step R forward
5-6 &a Step L forward, step R back, step L next to R, step R back
7-8 Step L 1/4 to left side - R touch right side (12:00), step R 1/4 forward with sweep L back to front (3:00)

(9-16) L across, 1/2 unwind right - sweep, R 1/2 sailor cross, left side, 1/4 right shuffle, cross-back-side, weave left, R together, L point side

1 &a 2 &a L step across R (1), unwind 1/2 to right (9:00)(&), R sweep front to back 1/4 turn right ('a), R step behind L (12:00)(2), 1/4 turn right step L left side (3:00)(&), R across L ('a)
3-4 &a L to left side, R to right side, L together, R 1/4 right forward (6:00)
5 &a 6 &a L across R, R back, L to left side, R across L, L to left side, R behind L
7-8 L to left side, R together and L point side

(17-24) 1/8 left across R, back, back, coaster cross with 1/2 turn left, step, step, 2x coaster step, 5/8 left sweep across

1 &a 2 &a L across 1/8 R (4:30), R back diagonal, L back diagonal, R back turning 1/8 left (3:00), L together, R across 1/8 L diagonal (1:30)
3-4 L forward diagonal, R forward diagonal
5 &a 6 &a L back diagonal, R together, L forward diagonal, R back, L together, R forward
7-8 Turn 5/8 left step L forward (6:00), R sweep back to forward across L

(25-32) Shuffle left, 1/4 right coaster step, step, step, 3x side rock back, R back

1 &a 2 &a L left side, R together, L left side, turn 1/4 right step R back L (9:00), L together, R forward
3-4 L forward, R forward
5 &a 6 &a L side, R recover, L back, R side, L recover, R back
7 &a 8 L side, R recover, L back, R back

Start again!

Tag 1 after 2 wall: 2x step forward, sway forward-back, 2x step back, sway back-forward

1-4 L forward, R forward, L forward with hips sway, R recover with sway back
5-8 L back, R back, L back with hips sway back, R recover with sway forward

Tag 2 after 5 wall: sway forward-back

1-2 L forward with hips sway, R recover with sway back

Ending after 6 wall: step forward, step-turn 1/2 left, step forward, together

1-4 L forward, R forward with 1/2 turn left, L forward, R together