

A Mess of Blues

COPPER KNOB
STEPSHEETS

拍数: 48 墙数: 2 级数: Easy Improver
编舞者: Chris Jackson (UK) - January 2019
音乐: A Mess of Blues - Elvis Presley : (amazon)



#16-count intro, start on vocals, weight on left. (2/4 wall dance)

SECTION ONE: FORWARD ROCK, BACK ROCK, STEP, SCUFF, SHUFFLE LEFT

1, 2, 3, 4 Rock forward right, recover left, rock back right, recover left
5, 6, 7&8 Step forward right, scuff left heel forward, forward left, right next to left, forward left

SECTION TWO (repeat of Section One)

FORWARD ROCK, BACK ROCK, STEP, SCUFF, SHUFFLE LEFT

1, 2, 3, 4 Rock forward right, recover left, rock back right, recover left
5, 6, 7&8 Step forward right, scuff left heel forward, forward left, right next to left, forward left

SECTION THREE: FORWARD ROCK, SHUFFLE HALF TURN, FORWARD ROCK, COASTER STEP

1, 2, 3&4 Rock forward right, recover left, shuffle a half turn right (R/L/R) (6.0)
5, 6, 7&8 Rock forward left, recover right, back left, right next to left, forward left

SECTION FOUR: FORWARD ROCK, SHUFFLE THREE-QUARTER TURN, SIDE, HOLD, TOGETHER, SIDE, TAP

1, 2, 3&4 Rock forward right, recover left, shuffle a three-quarter turn right (R/L/R) (3.0)
5, 6, &7, 8 Left to left side (5), hold (6), right next to left (&), left to left side (7), tap right next to left

RESTART HERE ON WALL 3 (facing 3.0) AND WALL 5 (facing 12.0)

SECTION FIVE: SIDE, BEHIND, SIDE, IN FRONT, SIDE ROCK, CROSS SHUFFLE

1, 2, 3, 4 Right to right side, cross left behind, right to right side, cross left over right
5, 6, 7&8 Rock right to right side, recover left, cross right over left, left to left side, cross right over left

SECTION SIX: SIDE, BEHIND, SIDE, JAZZ BOX TURN, STEP, SCUFF

1, 2, 3, 4 Left to left side, cross right behind left, left to left side, cross right over left
5, 6, 7, 8 Step back left, right to right side (making a quarter turn to your right) (6.0), forward left, scuff right heel forward

START AGAIN!

RESTARTS: -

Wall 3. Dance up to the end of Section Four and restart facing (3.0).

Wall 5. Dance up to the end of Section Four and restart facing (12.0).

OPTIONAL ENDING

Wall 7. Dance up to the end of Section Three (12.0) and then:

FORWARD ROCK, COASTER STEP, FORWARD LEFT, RIGHT, LEFT

1, 2, 3&4 Rock forward right, recover left, back right, left next to right, forward right
5, 6, 7 Forward left, forward right, forward left