

Solita

拍数: 48 墙数: 4 级数: Beginner
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音乐: Solita by Prettymuch



No Tag No Restart....

Start dance after Intro 48 count

#Season A. CROSS OVER , RECOVER , CHASSE , TURN RIGHT

1 - 2 ; Cross LF over RF, recover RF
3&4 ; Step LF to side L, Close RF beside LF, step LF to side
5 - 6 ; Cross RF over LF, recover LF
7&8 ; Step RF to side R, Close LF beside RF, turn R ¼ step RF forward

#Season B. FORWARD STEP, CROSS SHUFFLE , SIDE, TURN RIGHT ¼, TOGETHER , TOUCH

1 - 2 ; Step LF forward, turn R ¼ step RF to side R
3&4 ; Cross LF over RF , step RF to side R, Cross LF over RF
5 - 6 ; Step RF to side R, LF together
7 - 8 ; Step RF to side R, touch LF beside RF

#Season C. FULL TURN LEFT, SWAY, TOUCH

1 - 2 ; Turn L ¼ step LF forward , turn L ½ step RF back
3 - 4 ; Turn L ¼ step LF to side, touch RF beside LF
5 - 8 ; Step RF to side and sway R - L - R, touch LF beside R

#Season D. FULL TURN RIGHT, SWAY, TOUCH

1 - 4 ; turn R ¼ step LF to side and sway L - R - L , touch RF beside LF
5 - 6 ; Turn R ¼ step RF forward , turn R ½ step LF back
7 - 8 ; Turn R ¼ step RF to side R, touch LF beside RF

#Season E . PEDDLE TURN RIGHT ¼ , SHUFFLE , FORWARD, LEFT TURN ½

1 - 2 ; Step LF to side L with hip roll , recover RF
3 - 4 ; Turn R ¼ Step LF to side L with hip roll , recover RF
5 & 6 ; Step LF forward, step RF behind LF, step LF forward
7 - 8 ; step RF forward, turn L ½ step LF in place

#Season F. PEDDLE TURN LEFT ¼ , SHUFFLE , FORWARD , RIGHT TURN ½

1 - 2 ; Step RF to side R with hip roll , recover LF
3 - 4 ; Turn L ¼ Step RF to side L with hip roll , recover LF
5 & 6 ; Step RF forward, step LF behind RF, step RF forward
7 - 8 ; step LF forward, turn R ½ step RF in place

Thank you..

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