

Two Ships In The Night

COPPERKNOB
BY SHEETS

拍数: 64 墙数: 2 级数: Advanced
编舞者: Robert Lindsay (UK) & Michael Lynn (UK) - December 2018
音乐: Hourglass - Alice Chater



(32 count intro, 125 bpm)

Available on iTunes, Amazon Music, 7Digital & Spotify.

Phrasing: Intro(32) Wall1(64) 2(48) 3(64) 4(64) 5(48) 6(64) 7(32)

WALK x2, 1/4 TURN WITH HIP BUMPS, 3/4 ROLLING VINE LEFT, 1/2 SHUFFLE TURN

- 1-2 Walk forward right, walk forward left
- 3& Turn 1/4 turn left, hitching the right knee bumping the hips
- 4 Step right to right side as you sit onto the right hip (9:00)
- 5-6 Make a 1/4 turn left stepping forward on left foot, make a 1/2 turn left stepping back on right foot (12:00)
- 7& Make a 1/4 turn left stepping left to left side, close right beside left
- 8 Make a 1/4 turn left step left to left side (6:00)

STYLING: On count 6 dip the knees a little as you turn into the turn.

HEEL GRIND 1/4 TURN, RIGHT COASTER STEP, PIVOT 1/2 TURN, MAMBO TOGETHER

- 1 Touch right heel forward grinding right toe from left to right making 1/4 turn right
- 2 Step back onto left (9:00)
- 3&4 Step back right, step left next to right, step forward right
- 5-6 Step forward left, pivot 1/2 turn right (3:00)
- 7&8 Rock forward left, recover right, step left beside right as you push your bum out (weight left)

STEP OUT x2, SAILOR 1/4 TURN, SIDE SWITCHES, HEEL-TOE SWIVELS

- 1-2 Step right out, step left out
- 3&4 Cross right behind, turn 1/4 right and step left beside right, step forward right (6:00)
- 5&6 Touch left toe to left side, step left beside right, touch right toe to right side
- 7&8 Swivel right heel to left, swivel right toes to left, swivel right heel to left (weight right)

SIDE ROCK RECOVERS x2, CROSS, UNWIND FULL BOUNCE TURN

- 1-2& Rock left to left side, recover right, step left beside right
- 3-4 Rock right to right side, recover left
- 5-8 Cross right behind left, unwind full turn right as you bounce over 3 counts (weight right)

ENDING: Dance upto count 5 and unwind 1/2 turn right to face the front. Ta-Da!

3/4 WALK AROUND, TOE & HEEL & CROSS-UNWIND 1/2 TURN

- 1-4 Walk forward L-R-L-R in an arc making a clockwise 3/4 turn right (3:00)
- 5&6& Touch left toe to left side, step left next to right, touch right heel forward, step right next to left
- 7-8 Cross left over right, unwind 1/2 turn right (keeping weight on the left)

ROCK BACK, RECOVER, KICK & POINT, CROSS, SIDE RIGHT, SAILOR 1/4 TURN

- 1-2 Rock back on the right, recover weight onto left (9:00)
- 3&4 Kick right foot forward, step down onto right, point left to left side (weight still on right)
- 5-6 Cross left over right, step right to right side
- 7&8 Cross left behind right, step right beside left, step forward left

RESTART: On walls 2 and 5 restart here at count 48.

PADDLE 1/4 TURN X2, SAMBA STEP X2, STEP FORWARD, TOUCH

- 1-2 Touch forward on right and paddle 1/4 turn left. Repeat
- 3&4 Cross right over left, rock left to left side, recover weight onto right (12:00)

5&6 Cross left over right, rock right to right side, recover weight onto left
7-8 Step forward right, low kick left forward (weight on right)

LOCKSTEP BACK, 1/2 SHUFFLE TURN, PIVOT 1/2 TURN, 1/2 TURN, RIGHT HOOK

1&2 Step left foot back, lock right over left, step left back,

3&4 Step right 1/4 turn right, close left beside right, step right 1/4 turn right (6:00)

5-6 Step forward onto left, pivot 1/2 turn right (12:00)

7-8 1/2 turn right stepping back on left, hook right in front of left (6:00)

EASIER OPTION: Counts 5-8 can be replaced with a non-turning option; Rock forward left (5), recover right (6), step back left (7), hook right in front of left (8).

Start again!

DANCE NOTES:

RESTARTS: On walls 2 and 5 dance upto count 48 and restart the dance.

ENDING: Dance upto count 5 and unwind 1/2 turn right to face the front. Ta-Da!
