

Bye Bye Jack

拍数: 48 墙数: 4 级数: Beginner / Improver
编舞者: Aëla Fourmage (FR), Maryse Fourmage (FR) & Angéline Fourmage (FR) -
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音乐: Hit the Road Jack (Remix) - Wolfgang Lohr & Maskarade : (amazon)



Start : 48 counts 1 Restart - Sequence : A-32-A-A-A-TAG(2 counts)-A

[1-8] : Out, Out, In, In, Out, Out, In, In, Vine, Touch

&1&2 RF FW to R diagonal, LF to L diagonal, RF Back, LF next to RF
&3&4 RF FW to R diagonal, LF to L diagonal, RF Back, LF next to RF
5-6 RF to R side, Cross LF behind RF
7-8 RF to R side, Touch LF next to RF

[9-16] : Vine, Touch, Charleston-Step

1-2 LF to L side, Cross RF behind LF
3-4 LF to L side , Touch RF next to LF
5-6 Point RF FW, RF Back
7-8 Point LF Back, LF FW

[17-24] : Charleston-Step, Toes Fan

1-2 Point RF FW, RF Back
3-4 Point LF Back, LF FW
5-6 R toe out, R toe in
7-8 L toe out, L toe in

[25-32] : Point, Touch, Point, Touch, Jazz-Box ¼ R

1-2 Point RF to R side, Touch RF next to LF
3&4 Point RF to R side, Touch RF next to LF, Point RF to R side
5-6 Cross LF over RF, LF Back
7&8 RF to R side with ¼ R, LF next to RF * Restart (2e Wall)

[33-40] : Step, Touch, Step, Together, Step, Touch, Step, Touch, Step, Together

1-2 RF Back to R diagonal, Touch LF next to RF (Option Snap)
3-4 LF FW to L diagonal, RF next to LF
5-6 LF Back to L diagonal, Touch RF next to LF (Option Snap)
7-8 RF Back to R diagonal, LF next to RF

[41-48] : Swivel, Flick, Swivel, Flick, Bump

1&2 Heels to R side, Toes to R side, Heels to R side with L flick Back
3&4 Heels to R side, Toes to R side, Heels to R side with L flick Back
5-6 RF to R side with R Bump, L Bump
7-8 R Bump, L Bump

Tag : Bump R, Bump L

NOTA : RF = Right foot ; LF = Left Foot ; FW = Forward

Smile and enjoy the dance

Contact : maellynedance@gmail.com

