

Love Rush

COPPERKNOB
BY STEPHENETS

拍数: 96 墙数: 2 级数: Advanced waltz
编舞者: Simon Ward (AUS), Maddison Glover (AUS) & Niels Poulsen (DK) - November 2018
音乐: Before I Cry - Lady Gaga : (Album: A Star Is Born Soundtrack - iTunes)



Notes: Tag 1 on Walls 1 & 3, Tag 2 on Wall 2, Restart on Wall 5 - Weight starts on left foot
Intro: 22 secs into track. 12 count intro from the word 'Cry' when Lady Gaga sings 'before I cry'

Specially Choreographed for Niels's 50th Birthday Bash Linedance Event

[1-6] R fwd, ¼ R hitching L, L twinkle turning ½ turn L

- 1-3 Step right forward, Make a ¼ turn right whilst hitching left knee into position four (left foot placed next to right knee) 3.00
4-6 Cross/step left over right, Turn ¼ L stepping back onto right, Make a further ¼ turn left & step left to left side 9.00

[7-12] Cross lunge R, Recover L, R side, Cross/step L, Kick R to R, Hook R under L knee

- 1-3 Cross/lunge right over left, Recover weight back on left, Step right slightly to right side 9.00
4-6 Cross/step left over right, Kick right forward/out into right diagonal, Hook right foot under left knee 9.00

[13-18] R twinkle turning ½ turn R, L basic fwd

- 1-3 Cross step right over left, Step left back turning 1/8 turn right 10.30, Make a further ½ turn right & step right forward 4.30
4-6 Step left forward, Step right beside left, Step left beside right 4.30

[19-24] R basic back, L fwd, Sweep R

- 1-3 Step right back, Step left beside right, Step right beside left 4.30
4-6 Step left forward, Sweep right forward for two counts 4.30 **RESTART – (¾) Turn left on sweep to front wall on Wall 5**

[25-30] R jazz box turning ½ turn R, ¼ turn R & chasse L with a ¼ turn L

- 1-3 Cross/step right over left, Step left back, Make a ½ turn right on left & step right forward 10.30
4-6 Turn a further ¼ turn right & step left to left side 1.30, step right beside left, Step left to left turning ¼ turn left 10.30

[31-36] ¼ turn L stepping R to R, Rock L back, Recover R, Chasse L with ¼ turn L

- 1-3 Make a further ¼ turn left & step right to right side 7.30, Rock/step left behind right, Recover weight onto right
4-6 Step left to left side, Step right beside left, Step left to left turning ¼ turn left 4.30

[37-42] 3/8 turn L stepping R to R, Drag L towards R slowly, Weave R

- 1-3 Turn a 3/8 turn left on left foot & make a big step on right to right 12.00, Drag left towards right for two counts
4-6 Step left behind right, Step right to right side, Cross/step left over right 12.00

[43-48] Step R to R, Drag L with hands to chest, Close L, R twinkle turning ½ turn R

- 1-3 Step right to right, Drag left towards right, Step left beside turning body slightly left for styling 12.00

(place hands to chest slowly on these counts, elbows out to side)

- 4-6 Cross/step right over left, Step left to left side turning ¼ turn right, Make a further ¼ turn right & step right to right 6.00

[49-54] Fall away diamond turning left

- 1-3 Cross left over right, Step right to right side, Stepping back on left turning 1/8 left 4.30
4-6 Step right back, Step left to left turn 1/8 left 3.00, Step right forward 1.30

[55-60] Fall away diamond turning left

- 1-3 Step forward onto left 1.30 , Step right to right side 1.30, Step left back 1.30
4-6 Step back onto right turning 1/8 left 12.00, Step left to left 12.00, Step right slightly forward 12.00

[61-66] L fwd, R lock/step fwd, Rock/step L fwd, Hold

- 1-3 Step left forward, Step right forward, Lock/step left behind right 12.00
4-6 Step right forward, Rock/step left forward, Hold 12.00

[67-72] R back, Drag L, L basic back turning ½ turn R

- 1-3 Step right back dragging left foot back, Drag left for a further two counts 12.00
4-6 Step left back, Make a ½ turn right & step right forward, Step left forward 6.00

[73-78] R fwd, L lock/step fwd, Rock/step R fwd, Hold

- 1-3 Step right forward, Step left forward, Lock/step right behind left 6.00
4-6 Step left forward, Rock/step right forward, Hold 6.00

[79-84] Step L back sweeping R turning 1/8 R, R coaster step

- 1-3 Step left back sweeping right back for two counts turning 1/8 turn right 7.30
4-6 Step right back, Step left beside right, Step right forward 7.30

[85-90] Step L fwd sweeping R turning 1/8 L, Cross/step R over L

- 1-3 Step left slightly forward sweeping right forward for two counts turning 1/8 turn left 6.00
4-6 Cross/step right over left, Hold, Step left to L side 6.00

[91-96] Step L to L, Step R behind L sweeping L back, L sailor step

- 1-3 Step right behind left sweeping left back for two counts 6.00
4-6 Step left behind right, Step right slightly to right, Step left slightly forward 6.00

RESTART

Tag 1: On Walls 1 & 3 (facing the back wall) you will do the following 6 counts (head facing down):

- 1-3 Step right forward placing right hand down to diagonal with palm facing forward, Hold, Hold
4-6a Step left forward placing left hand down to diagonal with palm facing forward, Hold, Hold, Lift head up on the (a) count

Tag 2: On Wall 2 you will do the following 12 counts (facing the front wall) after count 72 (Restart dance from Count 1)

- 1-3 Rock step right forward, Hold, Hold,
4-6 Step left back, Drag right toe towards left for two counts
7-9 Step right back, Drag left toe towards right for two counts,
10-12 Step left back, Step right bedside left, step left forward

Ending: Slowly place hands on chest on count 45 & hold for 3 counts then continue on the word "I" slowly turning to the front finishing with left crossed over right. Both hands rise up from the side on cross/step.

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