

Walk, Walk, WALKASHAME

COPPERKNOB
STEPSHEETS

拍数: 32 墙数: 1 级数: Intermediate
编舞者: Val Saari (CAN) - January 2019
音乐: Walkashame - Meghan Trainor



Notes: Intro 16 counts, begin on "Neighbors stare"

S:1 WALK FORWARD (R,L), RF POINT OUT-IN-OUT, TOE-STRUTS BACK (R,L), RF MAMBO BACK

1-2 Walk forward, RF, LF
3&4 Point RF to R side, Touch RF beside L, Point RF to R side
5&6& Touch RF toes back, Drop heel, Touch LF toes back, Drop heel
7&8 Rock RF back, Recover LF, Step RF beside L

S:2 WALK FORWARD (L,R) LF POINT OUT-IN-OUT, TOE-STRUTS BACK (L,R), LF MAMBO BACK, FLICK R

1-2 Walk forward, LF, RF
3&4 Point LF to L side, Touch LF beside R, Point LF to L side
5&6& Touch LF toes back, Drop heel, Touch RF toes back, Drop heel
7&8& Rock LF back, Recover RF, Step LF beside R, Flick RF heel up

S:3 CHASSE DIAGONALLY FACING FWD, FLICK X 4, (RLR, LRL, RLR, LRL)

1&2& Step RF diagonally right (1:30), Step LF beside R, Step RF diagonally right (1:30), Flick LF heel up
3&4& Step LF diagonally left 10:30), Step RF beside L, Step LF diagonally left(10:30), Flick RF heel up
5&6& Step RF diagonally right (1:30), Step LF beside R, Step RF diagonally right (1:30), Flick LF heel up
7&8& Step LF diagonally left 10:30), Step RF beside L, Step LF diagonally left(10:30), Flick RF heel up

S:4 TOE STRUT V-STEP, STEP-PIVOT 1/2 L TWICE

1&2& Touch RF toe diagonally forward (1:00), Step heel down, Touch LF toe diagonally forward (11:00), Step heel down
3&4& Touch RF toe behind to centre, Step heel down, Touch LF toe beside R, Step heel down
5-6 Step RF forward, pivot 1/2 L
7-8 Step RF forward, pivot 1/2 L ***

***TAG: 16 COUNTS, after the 5th set (tempo change)

CROSS MAMBOS CHA-CHA-CHA X 2 (R,L)

1-2 RF Cross over L, LF Recover weight
3&4 Recover RF, Step LF in place, Step RF in place (cha, cha, cha)
5-6 LF Cross over R, RF Recover weight
7&8 Step LF left, Step RF beside L, Step LF in place (cha, cha, cha)

WALK FORWARD, MAMBO FORWARD, WALK BACK, MAMBO BACK

1-2 Walk forward R,L
3&4 Rock forward on RF, Recover LF, Step back on RF
5-6 Walk back L,R
7&8 Rock back on LF, Recover RF, Step LF beside R

There is one TAG at the tempo change, then restart

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