

Atata

COPPER KNOB
STYPSHEETS

拍数: 32 墙数: 4 级数:
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音乐: Atata by Mozgi



No Tags Or Restarts

CROSS, SIDE SAILOR HEEL, HOLD, AND TOE AND HEEL, AND TOE (12:00)

1,2 Cross L over R(1) Step R to R(2)
3&4 Step L behind R(3) Step R(&) Place L heel fwd to L diagonal(4)
5&6 Hold(5) Step down on L(&) Touch R toes to L heel(6)
&7&8 Step down on R(&) Place L heel fwd to L diagonal(7) Step down on L(7) Touch R toes to L heel(8)

Notes: Heel and toe section; option to open to L and bend slightly fwd at the hips as you touch toes to heel. Action remains on 12 o'clock wall.

BALL STEP ¼ LEFT, ½ LEFT, SAILOR STEP, HOLD, HEEL SWIVELS IN (3:00)

&1,2 Step back onto R(&) Step L fwd making a ¼ L to face 9 o'clock(1) ½ L stepping back on R to face 3 o'clock(2)

Option: Begin sweeping L around into next step

3&4 Step L behind R(3) Step R to R(&) Step L out to L(4)

Note: Slightly wider than normal sailor step stance

5&6 Hold(5) Swivel R heel in(&) Swivel R heel home(6)

&7&8 Swivel L heel in(&) Swivel L heel home(7) Swivel R heel in(&) Swivel R heel home(8)

Note: Style by adding "booty pop", shoulder or rib cage action during swivels - dealers choice!

weight will end up on both feet

CROSS SIDE SAILOR PUSH, HOLD, BALL ½ LEFT, TOUCH RIGHT, TOUCH LEFT (3:00)

&1,2 Bring R in with weight(&) Cross L over R(1) Step R to R(2)

3&4 Step L behind R(3) Step R to R(&) Step L out to L(4)

Note: As you step to L on 4 think about pushing your body over to the L

5&6 Hold(5) Bring R in with weight(&) ½ L stepping L fwd to face 3 o'clock(6)

7&8 Point R to R(7) Bring R in with weight(&) Point L to L(8)

MODIFIED JAZZ BOX, ½ LEFT, FULL TURN LEFT, RIGHT MAMBO, ANGLED COLLECT/BOOTY POP (6:00)

1,2 Cross L over R(1) Step R back(2)

&3,4 Step L back to R(&) Step R fwd(3) ½ L to face 9 o'clock, weight on L(4)

5,6 ½ turn L stepping back on R to face 3 o'clock(5) ½ L stepping L fwd to face 9 o'clock(6)

Note: Take out turn by walking fwd R,L

7&8 Rock fwd onto ball of R on R diagonal(7) Recover back onto L(&) Step R together/collect(8)

Note: Option to push hips backward as you step R together.

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