

# Dura

拍数: 32      墙数: 2      级数: Beginner  
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音乐: Dura - Daddy Yankee



Intro : 32 Counts - No Tag ! / No Restart !

## Sec 1. 1/4 L(R)Side Rock Recover 1/4 R (L) Together , R (L) Side Mambo, Together

1&2      1/4 L Turn R Side Rock(9:00), L Recover, 1/4 R Turn R Together Next to L (12:00)  
3&4      1/4 R Turn L Side Rock(3:00), R Recover, 1/4 L Turn L Together Next to R(12:00).  
5&6      R Side Rock, L Recover , R Together Next To L  
7&8      L Side Rock, R Recover, L Together Next To R

## Sec 2. 1/4 L,(R) Turn R(L) Side Rock Recover,1/4 R(L)Together, 1/2 L Turn Pivot ,R Fwd Step, L Kick Step. R Fwd Touch.

1&2      1/4 L Turn R Side Rock(9:00), L Recover,1/4 R Turn R Together Next To L (12:00)  
3&4      1/4 R Turn L Side Rock(3:00) , R Recover,1/4 L Turn L Together Next To R (12:00)  
5&6      R Fwd Step, 1/2 L Turn Pivot , R Step Fwd (6:00)  
7&8      L Fwd Kick, L Step In Place, R Fwd Toe Touch (Bend your right knee)

## Sec 3. Body Roll, 2 Times of L Side Point , RLRL Heel Switch .

12      Body Roll(1), R Together Next TO L(2)  
3      R Heel Twist To The L And At The Same Time L Toe Point To The Left Side  
&      R Heel Twist To The R And At The Same Time LF Hitch  
4      R Heel Twist To The L And At The Same Time L Toe Point To The Left Side  
&      R Heel Twist To The R And At The Same Time LF Together Next To RF  
5&6&      R Heel Fwd Touch, R Together Next To L, L Heel Fwd Touch,L Together Next to R  
7&8&      R Heel Fwd Touch, R Together Next To L, L Heel Fwd Touch, L Together Next To R

## Sec 4. RL Fwd Shuffle , V Step, Three Times of Jump

1&2      R Fwd Step R Diagonally Fwd, L Lock Step Behind R, R Fwd Step  
3&4      L Fwd Step L Diagonally Fwd, R Lock Step Behind L, L Fwd Step  
5&6&      R Heel Touch R Out Side, L Heel Touch L out Side, R Step Back, L Together Next To R  
7&8      Three Times of Jump To The Right