

# I'ma TREAT MYSELF!!!

**COPPER KNOB**  
STEPSHEETS

拍数: 32                      墙数: 2                      级数: High Beginner  
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音乐: TREAT MYSELF - Meghan Trainor



## SHUFFLE DIAGONALLY FWD X 2, (RL)

1-2                      Step RF diagonally right (2:00), Step LF beside R  
3&4                      Shuffle forward RLR (2:00)  
5-6                      Step LF diagonally forward left (10:00), Step RF beside L  
7&8                      Shuffle forward LRL (10:00)

## V-STEP, SHUFFLE BACK RLR, LRL PIVOT 1/2 L

1-2                      Step RF diagonally forward (1:00), Step LF diagonally forward (11:00)  
3-4                      Step RF back to centre, Step LF together  
5&6                      Shuffle back RLR  
7&8                      Shuffle back LRL Pivot 1/2 L

## RF STOMP, KICK, MAMBO BACK, LF STOMP, KICK, MAMBO BACK

1-2                      Stomp RF down, kick RF forward  
3&4                      Rock RF back, Recover LF, Step RF beside left  
5-6                      Stomp LF down, kick LF forward  
7&8                      Rock LF back, Recover RF, Step LF beside R

## R SIDE MAMBO (CHA CHA CHA), L SIDE MAMBO, KICK R

1-2                      RF Rock side right, LF recover  
3&4                      Step RF beside Left, Step LF in place, Step RF in place (cha, cha, cha)  
5-6                      LF Rock side left, RF recover  
7-8                      Step LF beside Right, Kick RF forward

**REPEAT - No Tags, No Restarts**

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