

# Selow

拍数: 32                      墙数: 2                      级数: Beginner  
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音乐: Selow - Wahyu



## SI. Rock Behind L R, scissors step – cross shuffle- turn R – cross shuffle

1&2                      Rock R behind L (1), recover on L (&), step R to right side (2)  
3&4&                      Rock L behind R (3), recover on R (&), step L to left side (4), step R close together (&)  
5&6                      Cross L over R (5), step R behind L (&), cross L over R turn  $\frac{1}{2}$  (6)  
7&8&                      Cross R over L (7), step L behind R (&), cross R over L (8), step L to left side (&)

## SII. Twist toe – jazz box – wave – coaster step

1&2                      turn  $\frac{1}{4}$  right to 9.00 on balls (1), turn  $\frac{1}{4}$  left to 6.00 (&), turn  $\frac{1}{4}$  left to 3.00 hitch L (2)  
3&4                      cross L over R (3), turn  $\frac{1}{4}$  left to 12.00 step R back (&), step L to left side (4)  
5&6&                      cross R over L (5), step L to left side (&), step R behind L (6), step L to left side (&)  
7-8&                      touch R next to L (7), step R back (8), step L close together (&)

## SIII. Pivot $\frac{3}{4}$ , Side rock, Slide-switch back (moon walking), turn $\frac{1}{4}$ L

1-2                      cross R over L turn  $\frac{3}{4}$  left to 3.00 (1). recover on L (2)  
3&4                      rock R to right side (3), recover on L (&), touch R next to L (4)  
5-6                      body weight on R toe slide L back - switch (5), body weight on L toe slide R back - switch (6)  
7&8                      step R back turn  $\frac{1}{4}$  left to 12.00 (7), step L to left side (&), touch R next to L (8)

## SIV. Big step aside – rock L step fwd turn $\frac{1}{2}$ - heel step toe –open RL

1-2&                      Big step R to right side (1), hold (2), Rock L behind R (&)  
3-4                      recover on R (3), step L forward (4) turn  $\frac{1}{2}$  right to 6.00  
5-6&                      recover on R (5), touch L heel forward (6), step L next to R (&)  
7-8&                      touch R toe next to L (7), open R forward (8), step L to left side (&)

## Tag 16 count (2 sections) facing 6.00

### TSI. Slide Back touch – up and down – rock aside – rock forward

1-2&                      Slide R back with right shoulder back motion (1), touch L next to R (2), bend knees down (&)  
3&4                      up (3), down (&), up (4)  
5-6&                      step L to left side (5), step R close together (6), rock L aside (&)  
7&8&                      recover on R (7), rock L forward (&), recover on R (8), step L close together (&)

### TSII. Step and slide – coaster step – turn left $\frac{1}{2}$ - pivot left $\frac{1}{2}$ - open RL forward

1-2                      Step R to right side (1), slide L slowly (2)  
3-4&                      touch L next to R (3), step L back (4), step R close together (&)  
5&6                      step L forward (5), touch R next to L turn  $\frac{1}{2}$  left to 12.00 (&), step R forward turn  $\frac{1}{2}$  left to 6.00 (6)  
7-8&                      step L in place (7), open R forward (8), step L to left side (&)

## Tag on the end of Wall 1, 2 and 3

## Restart on Wall 5 after 24 count