Sweet Like Cola



编舞者: Tanya Cocural (NL) - January 2019

音乐: Sweet Like Cola - Lou Bega: (Official Video Version)



Count-in: 16 Count Intro - Anti-Clockwise,

Note: Restart Wall 11, after Count 15, End Wall 13, after Count 5.

[1-7] L, $2 \times TRIPLE$ (FWD, R)

1,2,3 Step LF to L , Step RF back, Step LF fwd4&5 Step RF fwd, Lock LF, Step RF fwd

6&7 Cross LF over to R, Step RF next to LF, Cross LF behind to R

[8 - 15] TRIPLE L, R, R + 1/2 TURN R, TRIPLE PLACE

8&9 Cross RF behind to L, Step LF next to RF, Cross RF over to L

10,11 Cross LF over to R, Step RF next to LF

12,13 Cross LF over RF next to RF, ½ Turn R on LF + RF
14&15 Hold, Slide + Strech LF to L, Draw + Step LF next to RF

[16 - 23] 2 × TRIPLE (FWD, FWD), L, TRIPLE FWD + 1/1 TURN R

16&17& Step RF fwd, Lock LF, Step RF fwd, Lock LF

18&19 Step RF fwd, Lock LF, Step RF fwd

20,21& Step LF to L, Drag RF next to LF, ¼ Turn RF to R

22&23 Step RF fwd + 1/1 Turn R, Step LF next to RF, Step RF fwd

[24 - 32] FWD, BACK, BACK, BACK, L

24,25 Step LF fwd, Step RF fwd

26&27 Step LF back, Lock RF, Step RF back 28&29 Step RF back, Lock LF, Step RF back

30,31 Step LF back, Step RF fwd

32&1 Step LF to L, Close RF, Step LF to L

RESTART WALL 11

Wall 11 After Count 15, Start with Count 32

15 Draw LF next to RF

END WALL 13

Wall 13 After Count 5

4.5 Step + Hold R Toe next to LF