In A Letter (Golden Oldie)



拍数: 32 墙数: 4 级数: Upper Beginner

编舞者: Pauline Gray - May 2001

音乐: In a Letter to You - Eddy Raven: (Album: Wild Eyed & Crazy 1994 - iTunes)



INTRO: 36 Counts in on Vocals. Music: 3:21 min (178 BPM)

Feet Together Weight on Left

				SHUFFI F FORWARD
SEC 1 ECIEWARD	RUICK BACK	SHILLE BACK BA	CK BUCK FURWARII	

1-2 Step R Forward, Rock Back On L,

3&4 SHUFFLE BACK: Step R Back, Slide L Next To R, Step R Back,

5-6 Step Back On L, Rock Forward On R,

7&8 SHUFFLE FORWARD: Step L Forward, Slide R Next To L, Step L Forward.

SEC. 2: SIDE, BEHIND, 1/4 TURN, STOMP, MONTEREY.

1-2 Step R To R, Cross L Behind R,

3-4 Turn ¼ Right Step R Forward, Stomp L Together, (3:00)

5-6 MONTEREY TURN: Touch R To To R Turn ½ Right Step R Together,

7-8 Touch L Toe To L, Step L Together. (9:00)

SEC. 3: SIDE SHUFFLE, BACK, ROCK FORWARD, SIDE SHUFFLE, BACK, ROCK FORWARD.

1&2 SIDE SHUFFLE: Step R To R, Slide L Next To R, Step R To R,

3-4 Step Back On L, Rock Forward On R,

5&6 SIDE SHUFFLE: Step L To L, Slide R Next To L, Step L To L,

7-8 Step Back On R, Rock Forward On L.

SEC. 4: PADDLE TURN, PADDLE TURN, HEEL-TOGETHER-HEEL-TOGETHER- HEEL, CLAP.

1-2 PADDLE TURN: Step R Forward, Turn ¼ L, (6:00)
3-4 PADDLE TURN: Step R Forward, Turn ¼ L, (3:00)

Touch R Heel Forward, Step R Together,
 Touch L Heel Forward, Step L Together,

7-8 Touch R Heel Forward, Clap (3:00)

[32] REPEAT DANCE IN NEW DIRECTION

Submitted by - Debra Ciavarella - debrajayne17@yahoo.com.au