

Hourglass

拍数: 64 墙数: 2 级数: Intermediate
编舞者: Maggie Gallagher (UK) & Gary O'Reilly (IRE) - November 2018
音乐: Hourglass - Alice Chater : (Amazon & iTunes)



Intro: 32 counts (start on main vocals)

S1: ¼ PUSH, ¼ RECOVER, ¼ PADDLE, ¼ PADDLE, KICK & POINT, CROSS, ½ UNWIND

1-2 ¼ left stepping right to right side while pushing hips to right side, ¼ left recover on left [6:00]
3-4 ¼ left point right toe to right side, ¼ left pointing right toe to right side [12:00]
5&6 Kick right forward, Step right in place, Point left to left side
7-8 Cross left over right, Unwind ½ right (weight finishing on left) [6:00]

S2: & CROSS/DIP, SIDE ROCK, BEHIND SIDE CROSS, SIDE ROCK, SAILOR ¼ WALK

&1 Step right next to left, Cross left over right bending knees
2-3 Rock right to right side, Recover on left
4&5 Cross right behind left, Step left to left side, Cross right over left
6-7 Rock left to left side, Recover on right
8&1 Cross left behind right, ¼ right stepping right to right side, Walk forward on left [9:00]

S3: HOLD, ½ SWIVEL, STEP LOCK STEP, SIDE, TOGETHER, SCISSOR CROSS

2-3 HOLD, Swivel ½ right stepping down on right [3:00]
4&5 Step forward on left, Lock right behind left, Step forward on left
6-7 Step right to right side, Step left next to right
8&1 Step right to right side, Close left to right, Cross right over left

S4: SIDE, TOGETHER, L CHASSE, SWAY R,L,R

2-3 Step left to left side, Step right next to left
4&5 Step left to left side, Step right next to left, Step left to left side
6-7-8 Sway right, Sway left, Sway right (rolling hips on sways)

S5: & SIDE, DRAG, BALL CROSS, ¼ WALK, ¼ WALK, ¼ SHUFFLE

&1-2-3 Step left next to right (&), Long step to right (1), Drag left to meet right (2-3)
&4 Step left next to right, Cross right over left
5-6 ¼ left walking forward on left, ¼ left walking forward on right [9:00]
7&8 ¼ left stepping forward on left, Step right next to left, Step forward on left [6:00]

S6: WALK, ANCHOR STEP, ½, WALK, ANCHOR STEP, ½

1-2&3 Walk forward on right, Lock left behind right, Step weight onto right, Step slightly back on left
4-5 ½ right stepping forward on right, Walk forward on left [12:00]
6&7 Lock right behind left, Step weight onto left, Step slightly back on right
8 ½ left stepping forward on left [6:00] *Restart Walls 2 & 5

S7: WALK, SWEEP, WALK, SWEEP, CROSS, BACK & CROSS, HITCH

1-2 Walk forward on right, Ronde sweep left from back to front
3-4 Walk forward on left, Ronde sweep right from back to front
5-6& Cross right over left, Step back on left, Step right to right side
7-8 Cross left over right, Hitch right to right diagonal [7:30]

S8: BUMP BACK, BUMP FORWARD, BACK, BACK, R COASTER, WALK, HITCH

1-2 Step back on right bumping hips back, Bump forward
3-4 Walk back on right straightening to [6:00], Walk back on left

5&6 Step back on right, Step left next to right, Step forward on right
7-8 Walk forward on left, Hitch right knee up across left

***RESTARTS: After 48 counts on Wall 2 facing [12:00] and Wall 5 facing [6:00]**

ENDING: Dance 30 counts of Wall 7, then sway $\frac{1}{4}$ left to finish facing [12:00]
