

Lorraine

COPPER KNOB
BY STEPHENETS

拍数: 104 墙数: 1 级数: Phrased Intermediate
编舞者: Tjwan Oei (NL) - January 2019
音乐: Shame (feat. Hal Ketchum) - Neil Diamond



Sequence : A – A – B – C – A – A – B – C

Start the dance after 32 counts ,.....The end of the road ,...

Dance A : 32 Counts

A1: Cross – Back – Right chasse – Rock fwd. diagonally – Recover – Left chasse

1-2-3&4 RF. cross over LF. – LF. step back - RF. step to right side - LF. step together - RF. step to right side
5-6-7&8 LF. step diag. Right forward - Recover weight onto RF. - LF. step to left side - RF. step together - LF. step to left side

A2: Cross – Pivot ¼ turn left – Shuffle fwd. – Cross – Back – Step ¼ turn left – Side touch

1-2-3&4 RF. cross over LF. –RF./LF. turn 3/4 to left - RF. step forward - LF. step together - RF. step forward
5-6-7-8 LF. cross over RF. –RF. step back - LF. step 1/4 turn left - RF. touch beside LF.

A3: Rolling vine 1 ¼ turn right – Step together – Step fwd. – Rock fwd. – Recover – Shuffle back

1&2-3-4 RF. step ¼ turn right – LF. step ½ turn right back - RF. step 1/2 turn right forward - LF. step together - RF. step forward
5-6-7&8 LF. step forward – Recover weight onto RF. – LF. step back – RF. Step together in front of LF. – LF. step back

A4: Rock back – Recover – Skate forward (R – L) – Jazz box with ¼ turn right

1-2-3-4 RF. rock back – Recover weight onto LF. - RF. skate forward - LF. skate forward
5-6-7-8 RF. cross over LF. - LF. stp back - RF. step 1/4 turn to right side – LF. stp together

Dance B : 32 counts

B1: Rock fwd. diagonally – Recover – Right chasse – Cross – Pivot ¼ turn right – Shuffle fwd.

1-2-3&4 RF. step diag. left forward – Recover weight onto LF. - RF. step to right side - LF. step together - RF. step to right side
1-2-3&4 LF. cross over RF. - RF./LF. pivot 3/4 turn to right - LF. step forward - RF. step together – LF. step forward

B2: Rock fwd. – Recover – Triple ½ turn right – Triple ½ turn right – Rock back – Recover

1-2-3&4 RF. rock forward – Rec. weight onto LF. – RF. step 1/4 turn right fwd. - LF. step 1/4 turn right fwd. - RF. step together
5&6-7-8 LF. step ¼ turn right fwd. – RF. step 1/4 turn right fwd. – LF. step together - RF. rock back - Recover weight onto LF.

B3: Rock fwd. diagonally – Recover – Right chasse – Cross – Pivot ¼ turn right – Shuffle fwd.

1-2-3&4 RF. step diag. left forward – Recover weight onto LF. - RF. step to right side - LF. step together - RF. step to right side
5-6-7&8 LF. cross over RF. - RF./LF. pivot 3/4 turn to right – LF. step forward - RF. step together - LF. step forward

B4: Rock fwd. – Recover – Triple ½ turn right – Triple ½ turn right – Rock back – Recover

1-2-3&4 RF. rock forward – Rec. weight onto LF. - RF. step 1/4 turn right fwd. - LF. step 1/4 turn right fwd. - RF. step together

5&6-7-8 LF. step ¼ turn right fwd. – RF. step 1/4 turn right fwd. – LF. step together - RF. rock back - Recover weight onto LF.

Dance C : 40 Counts

C1: Side rock – Recover – Behind – Side – Cross – Step back ¼ turn right – Step fwd. – Shuffle fwd.

1-2-3&4 RF. step to right side - Recover weight onto LF. – RF. step behind LF. – LF. step to left side - RF. cross over LF.

5-6-7&8 LF. step ¼ turn right back – RF. step forward – LF. step forward - RF. step together - LF. step forward

C2: Cross – Back – Back – Side – Rock back – Recover – Skate forward (R – L)

1-2-3-4 RF. cross over LF. - LF. step back - RF. step back - LF. step together beside RF.

5-6-7-8 RF. rock back – Recover weight onto LF. – RF. skate forward - LF. skate forward

C3: Side rock – Recover – Behind – Side – Cross – Step back ¼ turn right – Step fwd. – Shuffle fwd.

1-2-3&4 RF. step to right side – Recover weight onto LF. - RF. step behind LF. - LF. step to left side - RF. cross over LF.

5-6-7&8 LF. Step 1/4 turn right back - RF. step forward - LF. step forward - RF. step together - LF. step forward

C4: Cross – Back – Back – Side – Rock back – Recover – Skate forward (R – L)

1-2-3-4 RF. cross over LF. – LF. step back - RF. step back - LF. step together beside RF.

5-6-7-8 RF. rock back - Recover weight onto LF. - RF. skate forward - LF. skate forward

C5: Step to right side – Behind - Step 1/4 turn right forward - Step 1/4 turn right forward – Vine to right side – Sweep 1/2 turn left forward

1-2-3-4 RF. step to right side – LF. step behind RF. – RF. step ¼ turn right forward – LF. step 1/4 turn right forward

5-6-7-8& RF. step to right side – LF. step behind RF. – RF. step to right side - LF. cross over RF. -RF. sweep 1/2 turn left

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