

Out of Our Heads

拍数: 48 墙数: 2 级数: Intermediate
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音乐: Out of Our Heads - Take That



#8 Count Intro-start on Vocal

Section 1: Heel Toe, Right Shuffle, Heel Toe, Left Shuffle.

1-2 Touch right heel forward. Touch right toe back.
3&4 Step right forward. Close left beside right. Step right forward.
5-6 Touch left heel forward. Touch left toe back.
7&8 Step left forward. Close right beside right. Step left forward.

Section 2: Jazz Box ¼ Turn. x 2

1-2 Cross right over left. Step back left.
3-4 Step right ¼ turn right. Step left beside right.
5-6 Cross right over left. Step back left.
7-8 Step right ¼ turn right. Step left beside right.

Section 3: Chasse Right, Back Rock, Chasse Left, Back Rock.

1&2 Step right to right side. Close left beside right. Step right to right side.
3-4 Rock back onto left. Rock forward onto right.
5&6 Step left to left side. Close right beside left. Step left to left side.
7-8 Rock back onto right. Rock forward onto left.

Section 4: Figure of 8 Vine

1-2 Step right to right side. Cross left behind right.
3-4 Step right 1/4 turn right. Step left forward.
5-6 Pivot 1/2 turn right. Turn 1/4 right stepping left to left side.
7-8 Cross right behind left. Turn 1/4 left stepping left forward.

Section 5: Side Rock, Behind and Cross. X 2

1-2 Rock right to right side. Recover weight to left.
3&4 Cross right behind left. Step left to left side. Cross right over left
5-6 Rock left to left side. Recover weight to right
7&8 Cross left behind right. Step right to right side. Cross left over right.

Section 6: Point steps x 2, Pivot ½ turn left. Pivot 1/4 turn left.

1-2 Point right to right side. Step right in front.
3-4 Point left to left side. Step left in front.
5-6 Step right forward. Pivot 1/2 turn left.
7-8 Step right forward. Pivot 1/4 turn left.
