Nightbird

拍数: 32

级数: Beginner

编舞者: Tisha Kalua - January 2019

音乐: "Nightbirds" by Kalapana

#32 count intro

Section I - SIDE, TOGETHER, FORWARD, Touch/HOLD, Repeat

- 1-4 Step L to left side, Step R next to left, Step L forward, R touch together/hold
- 5-8 Step R to right side, Step L next to Right, Step R back, L touch together/hold [12:00]

Section 2 - SIDE, TOGETHER, SIDE, HOLD, CROSS, SIDE, BACK, POINT

墙数:4

- 1-4 Step L to left side, Step R next to left, Step L to left side, Hold
- 5-8 Step R across in front of left, Step L to left side, Step R behind Left, Point L to left side

Section 3 - CROSS, SIDE, BEHIND, ¼ TURN FORWARD, POINT, CROSS, POINT, CROSS,

- 1-4 Step L across in front of right, Step R to right side, Step L behind R, Step R forward 1/4R [3:00]
- 5-8 Point L to left side, Step L across in front of right, Point R to right side, Step R across in front of left

Section 4 – ROCKING CHAIR, FORWARD, ½ TURN FORWARD, STEP TOGETHER

1-4 L rocking chair (rocking L forward, then rock back), Step L forward, Pivot 1/2 L, Step L forward, step R together next to left

TAG: AFTER the 4th wall, ADD:

1-4 Step L to left side, Touch R together next to R, repeat on R

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