

# Adios Paradise

COPPERKNOB  
BY STEPHENETS

拍数: 64                      墙数: 4                      级数: Intermediate  
编舞者: Marja Urgert (NL) & Jan Van Tiggelen (NL) - January 2019  
音乐: Adiós Paradise - Nick Mackenzie



## Intro: 16 Counts

### Sec 1: Step Side, Step Together, Chasse 1/4 Turn R, Step fwd, Pivot 1/2 Turn R, Shuffle 1/2 Turn R

1-2                      RF. Step side - LF. Step together  
3&4                      RF. Step side - LF. Step together - RF. 1/4 Turn R step fwd (3:00)  
5-6                      LF. Step fwd - Pivot 1/2 turn R (9:00)  
7&8                      Shuffle 1/2 turn R stepping L,R,L (3:00)

### Sec 2: Step Back, 1/2 Turn L, Shuffle 1/2 Turn L, Step Back, Cross Touch, Step-Lock-Step fwd

1-2                      RF. Step back - LF. 1/2 Turn L step fwd (9:00)  
3&4                      Shuffle 1/2 turn L stepping R,L,R (3:00)  
5-6                      LF. Step back - RF. Cross toe over LF  
7&8                      LF. Step fwd - RF. Lock behind LF - LF. Step fwd

### Sec 3: Step fwd, 3/4 Turn R into Chasse, Cross, Side, Sailor Step

1-2                      LF. Step fwd - Pivot 1/2 turn R (9:00)  
3&4                      LF. 1/4 Turn step side - RF. Step together - LF. Step side (12:00)  
5-6                      RF. Cross over LF - LF. Step side  
7&8                      RF. Cross behind LF - LF. Step side - RF. Step side

### Sec 4: Cross, 1/4 Turn L, 1/4 Turn L into Shuffle fwd, Rock fwd, Recover, Coaster Cross

1-2                      LF. Cross over RF - RF. 1/4 Turn L step back (9:00)  
3&4                      LF. 1/4 Turn L step fwd - RF. Step together - LF. Step fwd (6:00)  
5-6                      RF. Rock fwd - LF. Recover  
7&8                      RF. Step back - LF. Step together - RF. Cross over LF

### Sec 5: Point, Step fwd, Step Side with Hip Bums R,L,R, Cross Rock, Recover, 1/4 Turn L with Hip Bums L,R,L

1-2                      LF. Point toe to L side - LF. Step fwd  
3&4                      RF. Step side push hips to R - Push hips to L - Push hips to R  
5-6                      LF. Cross rock over RF - RF. Recover  
7&8                      LF. Step side push hips to L - Push hips to R - LF. 1/4 Turn L push hips fwd (3:00)

### Sec 6: Step fwd, 1/2 Turn R, Back Step-Lock-Step, Back Rock Step, Recover, Step-Lock-Step fwd

1-2                      RF. Step fwd - LF. 1/2 Turn R step back (9:00)  
3&4                      RF. Step back - LF. Lock across RF - RF. Step back  
5-6                      LF. Back rock - RF. Recover  
7&8                      LF. Step fwd - RF. Lock behind LF - LF. Step fwd

### Sec 7: Rocking Chair, Step fwd, Pivot 1/2 Turn L, Full Turn L

1-2-3-4                      RF. Rock fwd - LF. Recover - RF. Back rock - LF. Recover  
5-6                      RF. Step fwd - Pivot 1/2 turn L (3:00)  
7-8                      RF. 1/2 Turn L step back - LF. 1/2 Turn L step fwd

### Option: Count 7-8 Walk R,L fwd

### Sec 8: Cross, 1/4 Turn R, 1/4 Turn R, Step fwd, Jazz Box Cross

1-2-3-4                      RF. Cross over LF - LF. 1/4 Turn R step back - RF. 1/4 Turn R step fwd - LF. Step fwd (9:00)  
5-6-7-8                      RF. Cross over LF - LF. Step back - RF. Step side - LF. Cross over RF

Start Again

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