

Contemplating

COPPER KNOB
BY STEPHEN

拍数: 64 墙数: 4 级数: Beginner Soul
编舞者: Starlene D. Stewart - September 2017
音乐: Hangin' On a String (Contemplating) - Loose Ends : (Album: So Where Are You -
January 1, 1985)



Music - <https://www.amazon.com/Hangin-On-A-String-Contemplating/dp/B004REZ3I4/>

Intro: 64 (Begin on lyrics)

ROCK-RECOVER TO RIGHT, TRIPLE IN PLACE, ROCK-RECOVER TO LEFT, TRIPLE IN PLACE

1-2 Rock right forward, recover to left
3&4 Triple in place right-left-right
5-6 Rock left forward, recover to right
7&8 Triple in place left-right-left

CHASSÉ FORWARD RIGHT, CHASSÉ FORWARD LEFT, ROCK

1&2 Step right diagonally forward, step left together, small step right diagonally forward
3&4 Step left diagonally forward, step right together, small step left diagonally forward
5-8 Rock right side, rock left side, rock right side, rock left side

CHASSÉ BACK RIGHT, CHASSÉ BACK LEFT, ROCK

1&2 Step right diagonally back, step left together, small step right diagonally back
3&4 Step left diagonally back, step right together, small step left diagonally back
5-8 Rock right side, rock left side, rock right side, rock left side

TURN 1/2 LEFT, TURN 1/2 LEFT, SWAY HIP RIGHT, HOLD, SWAY HIP LEFT, HOLD

1-2 Step right forward, turn 1/2 left (weight to left)
3-4 Step right forward, turn 1/2 left (weight to left)
5-6 Rock right side, hip right
7-8 Recover to left, hip left

STEP RIGHT SIDE, LEFT, RIGHT, FLICK, STEP LEFT SIDE, RIGHT, LEFT, FLICK

1-2 Step right side, step left together
3-4 Step right side, flick left back
5-6 Step left side, step right together
7-8 Step left side, flick right back

TURN 1/2 LEFT, TURN 1/2 LEFT, SWAY HIP RIGHT, HOLD, SWAY HIP LEFT, HOLD

1-2 Step right forward, turn 1/2 left (weight to left)
3-4 Step right forward, turn 1/2 left (weight to left)
5-6 Rock right side, hip right
7-8 Recover to left, hip left

STEP RIGHT SIDE, LEFT, RIGHT, FLICK, STEP LEFT SIDE, RIGHT, LEFT, FLICK

1-2 Step right side, step left together
3-4 Step right side, flick left back
5-6 Step left side, step right together
7-8 Step left side, flick right back

JAZZ BOX, 1/4 LEFT/JAZZ BOX

1-4 Cross right over, step left back, step right side, step left together

5-8

Turn 1/4 left and cross right over, step left back, step right side, step left together

REPEAT

Last Update - 23 June 2019
