

# Alma Desnuda Bachata

COPPERKNOB  
BY STEPHEN

拍数: 64      墙数: 4      级数: Intermediate  
编舞者: Fred CHABBAT (FR) - December 2018  
音乐: Alma Desnuda - Oub LCK



**Intro: 32 Count – No Tag & No Restart**

## **I- ROCKIN CHAIR – TURN/SWEEP – BEHIND SIDE CROSS**

1-2            R Fwd – Recover on L  
3-4            R Back – Recover on L  
5-6            R Fwd with ½ turn L & Sweep L – L behind R  
7-8            R Side – L cross R

## **II- SWAY/SWAY – CROSS SCHUFFLE – ROCKIN CHAIR**

1-2            Sway R – Sway L  
3&4           R Cross on L – L side – R Cross on L  
5-6            L Fwd – Recover on R  
7-8            L Back – Recover on R

## **III- TURN/SWEEP – BEHIND SIDE CROSS – SWAY/SWAY – CROSS SCHUFFLE**

1-2            L Fwd with ½ turn R & Sweep R – R behind L  
3-4            L side – R cross L  
5-6            Sway L – Sway R  
7&8           L cross on R – R side – L cross on R

## **IV- SIDE/TOGETHER – SIDE & CROSS (R/L)**

1-2            R big side – L together R  
3&4            R side (in Place) – Recover on L – R cross on L  
5-6            L big side – R together L  
7&8            L side (in Place) – recover on R - L cross on R

## **V- DIAG FWD (R/L) BASIC BACHATA WITH HITCH**

1-2            Diag R Fwd – L beside R  
3-4            Diag R Fwd – L hitch  
5-6            Diag L Fwd – R beside L  
7-8            Diag L Fwd – R hitch

## **VI- DIAG BACK (R/L) CROSS X2**

1-2            Diag R back – L back cross on R  
3-4            Diag R back – Diag L back  
5-6            R back cross on L – Diag L back  
7-8            Diag R back – L back cross on R

## **VII- JUMP & CROSS & ½ UNWIND L – BASIC R SIDE BACHATA**

1-2            Jump & R cross on L – 1/6 turn L in place  
3-4            1/6 turn L in Place – 1/6 Turn L in Place  
5-6            R side – L beside R  
7-8            R side – L touch & hip

## **VIII- JUMP & CROSS & ¾ UNWIND R – BASIC L SIDE BACHATA**

1-2            Jump & L cross on R – ¼ turn R in place  
3-4            ¼ turn R in place – ¼ turn R in place

5-6 L side – R beside L  
7-8 L side – R touch & hip

**END OF THE DANCE**

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