

Cheers!

拍数: 32 墙数: 4 级数: Beginner
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音乐: For (위하여) - Jo Hang Jo (조항조)



Intro: 32 counts

(1-8) Forward Walk×2, Cross Forward Step, Point

1-2 Step R Forward , Step L Forward
3-4 Step R Forward Cross L, Point L to L Side
5-6 Step L Forward Cross R, Point R to R Side
7-8 Step R Forward Cross L, Point L to L Side

(9-16) Rocking Chair, Jazz box 1/4 T Left Cross

1-2 Rock Forward on L, Recover weight on R
3-4 Rock Backward on L, Recover weight on R
5-6 Cross L over R, Turn 1/4 L stepping R back
7-8 Step L to L Side, Cross R over L

(17-24) Weave Left , Rock Recover, Hold

1-2 Step L to L Side, Cross R behind L
3-4 Step L to L Side, Cross R over L
5-6 Rock L to L Side, Recover on R

(option: extend left arm to the left)

7-8 Cross L over R, Hold

(option: fold your left arm in front of your chest)

(25-32) Rock Recover Hold, Sway ×3 Hold

1-2 Rock R to R Side, Recover on L

(option: extend right arm to the right)

3-4 Cross R over L, Hold

(option: fold your right arm in front of your chest cross)

5-6 Sway L, Sway R

7-8 Sway L, Hold

(option: body sway with your arms crossed)

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