

One In A Million

COPPERKNOB
BY STEPHEN

拍数: 32 墙数: 0 级数: Intermediate
编舞者: Gemma Ridyard (UK) - December 2018
音乐: A Million Dreams - P!nk



From the heart and dedicated my wonderful dad who has always supported and encouraged me to pursue my dreams, I miss him everyday

Step Sweep, Weave Sweep, Behind 1/4 , Spiral Full Turn, Forward 1/4 behind Kick, Run Run

- 1 2& Step Forward R sweeping L from back to front, cross L over R, Step R to R
3 4& Cross L behind R sweeping R from front to back, cross R behind L, make a 1/4 turn L step L forward
5 6& Step R forward as you spiral a full turn R, step L forward, make a 1/4 turn L step R to R side (6.00)
7 8& Make an 1/8 turn L cross L behind R as you Kick R Leg forward and R arm rises, step R forward, step L forward (5.30)

Close, Out Out, Drag R, 5/8 run around, step 1/2, 1/2 turn back, back rock

- 12& Close R to L on balls of feet (weight on L), Step R to R
(option reach R arm to R), step L to L (option reach L arm to L)
3 Drag R into meet L as you bring arms down
4&5 Making 5/8 turn R run around R,L,R (12.00)
6&7 Step L forward as you pivot 1/2 turn R, Make another 1/2 turn R stepping L back
8& Rock R back, Replace weight forward to L (12.00)

R Forward Rock 1/2, L Forward Rock 1/2 , Spiral full turn L, forward 1/2 side, weave, back rock, point

- 1&2& Rock R forward, replace weight to L, make a 1/2 turn R step R forward, rock L forward
3&4 Replace weight back to R, make 1/2 turn L step L forward, step R forward spiral a full turn L
5&6 Step L forward, make a 1/2 turn L step R back, step L to L side (6.00)
7&8& Cross R over L, step L to L, cross rock R behind L, replace weigh to L (angle body to 7.30)

Point forward, 2x back sweeps, behind 1/4 , 1/8 , back back 1/2, 3/4 run around

- 1 2 3 Point R toe forward, step R back sweeping L from front to back, step L back sweeping L from front to back (7.30)
4&5 Cross R behind L, make a 1/4 turn L step L forward, make a 1/8 turn L step R to R (3.00)
6&7 Step L back, step R back, make a 1/2 turn L step L forward (check upper body ready for a turn)
8& Make a 3/4 turn R run around R, L (6.00)

*Tag: 12 counts end of wall 3

- 1 2& Step Forward R sweeping L from back to front, cross L over R, Step R to R
3 4& Cross L behind R sweeping R from front to back, cross R behind L, make a 1/4 turn L step L forward *

(4 count Tag)

- 5 6& Cross rock R over L, replace weight to L step R to R
7 8& Cross rock L over R, replace weight to R step L to L

- 1 2 3 4 Sway R,L, ** R,L (** 10 count tag)

*4 count Tag end of wall 6

*10 count Tag end of wall 7

Happy Dancing!

Love Gem XOXO
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