

Ocean Man

拍数: 48 墙数: 2 级数: High Beginner
编舞者: Ein Merin (INA) - December 2018
音乐: Ocean Man - Ween



#4 counts intro

SEC I. DOUBLE STEP R forward, double Step L forward, double step R side

1&2 Big step R forward(1), step L close together(&), step R forward while Hitch L(2)
3&4 Big step L forward(3), step R close together(&), step L forward while Hitch R(4)
5-6 Step R to R side, step L close together
7-8 Step R to R side, touch L next to R

SEC II. Coaster step, pivot ½, boogie steps

1&2 step L back(1), step R close together(&), step L forward(2)
3-4 turn ½ to 6.00, step L forward
5-6 boogie R forward, boogie L forward
7-8 boogie R forward, boogie L forward

SEC III. Cross over, rock hips, coaster step, squaring to 9.00

1-2 cross R over L, open L aside diagonally back (body weight on L) 7.30

(3-5 right hand pointing horizontally)

3&4& Rock hips left by bend R knee(3), straighten R knee(&), Rock hips left by bend R knee(4),
 straighten R knee(&)
5&6 step R back (5), step L back close together(&), step R forward turn 1/8 to 9.00 (6)
7-8 step L forward, touch R next to L

SEC IV. Move body weight R-L, rocking chair, step forward and touches

1-2 move body weight to R while bending L knee, move body weight to L while bending R knee
3-4 rock R forward, recover on L
5-6 rock R back, recover on L
7&8& Step R forward(7), drag L forward to touch it close together(&), step L forward(8), drag R
 forward to touch it close together(&)

SEC V. JazzBox, Rock toe

1-2 Cross R over L, step L back turn ¼ to 12.00
3-4& step R to right side(3), step L forward(4), step R next to L(&)
5-6 rock R toe to right, rock R toe back
7-8 rock R toe to right, rock R toe back

SEC VI. Double step R, double step L, pivot ½, step forward

1&2 step R to right side(1), step L close together(&), step R to right side(2)
3&4 step L to left side(3), step R close together(&), step L to left side(4)
5-6 rock R forward, recover on L turn 1/2 to 6.00
7-8 step R forward, step L forward while hitch R

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Last Update – 18th Dec. 2018