

Rip, Dip & Flip It

COPPER KNOB
STEPSHEETS

拍数: 48 墙数: 4 级数: Beginner
编舞者: Myra Harrold (SCO) - December 2018
音乐: Rocket to the Moon - Jools Holland : (Album: Moving Out To The Country)



Intro: 24 Counts, Start On Vocals

S1: R FWD DIAGONAL, LOCK, STEP, TOUCH, L FWD DIAGONAL, LOCK, STEP, TOUCH

1-8 Rf Fwd Diagonal R, Lock Lf Behind Rf, Rf Fwd, Touch L Toe To R Heel, Lf Fwd Diagonal L, Lock Rf Behind Lf, Lf Fwd, Touch R Toe To L Heel (12)

S2: STEP BACK, KICK, CLAP X 4

1-8 Rf Back, Kick Lf Across Rf (Clap) Lf Back, Kick Rf Across Lf (Clap) Repeat The Last 4 Counts Travelling Back (12)

S3: WEAVE R, KICK, WEAVE L, 1/4 TURN, KICK,

1-8 Rf To R, Lf Across Rf, Rf To R, Kick Lf Diagonal L, Lf To L, Rf Across Lf, 1/4 Pivot R, Lf Back, Kick Rf Fwd (3)

S4: ROCK BACK, RECOVER, ROCKING CHAIR, 2 STOMPS

1-8 Rf Rock Back, Recover On Lf, Rf Rock Fwd, Recover On Lf, Rf Rock Back, Recover On Lf, Stomp Rf, Lf (3)

S5: MONTEREY 1/4 TURN, JAZZ BOX 1/4 TURN

1-8 Touch R Toe To R, Pivot 1/4 R, Close Rf To Lf, Touch L Toe To L, Close Lf To Rf, Cross Rf Over Lf, Turn 1/4 R, Step Lf Back, Step Rf To R Side, Cross Lf Over Rf (9)

S6: LONG STEP, DRAW, ROCK, RECOVER, FOOT SWIVELS TRAVELLING L 1-4 Long Step Rf To R, Draw Lf To Rock Lf Behind Rf, Recover On Rf, (9)

5-8 Step Feet Together To Swivel Heels L, Swivel Toes L, Swivel Heels L, Swivel Toes L (Travelling L) (9)

No Tags, No Restarts - Just Have Fun