

7" Singles

拍数: 32 墙数: 2 级数: Improver
编舞者: Elaine Smith (UK) - December 2018
音乐: 7" Singles - Paul Heaton & Jacqui Abbott



INTRO: 8 COUNTS

SECTION 1 – RIGHT TOE FANS X 2, LEFT TOE FANS X 2, RIGHT & LEFT FAN TOGETHER ON HEELS, RIGHT & LEFT FAN TOGETHER ON TOES, GRAPEVINE RIGHT WITH 1/4 HITCH.

1-2 Fan Right Toe Out To Right X 2
3-4 Fan Left Toe Out To Left X 2
5&6 Fan Right & Left Toes Out On Heels Together – Knees Out, Fan Right & Left Toes Out On Toes, Knees In
7&8& Step Right To Right Side, Step Left Behind Right, Step Right To Right Side Making A 1/4 Turn, Hitch Left Knee Up Pointing Left Toe Down

SECTION 2 – BACK KICK, BACK KICK, COASTER STEP, STEP LOCK STEP STEP LOCK STEP SCUFF

1-2 Step Left Foot Back, Kick With Right Foot
3-4 Step Right Foot Back, Kick With Left Foot
5&6 Step Back On Left Foot, Step Right Beside Left, Step Left Forward
7&8& Step Right Forward, Lock Left Behind Right, Step Right Foot Forward, Step Left Foot Forward, Lock Right Behind Left, Step Left Foot Forward, Scuff Right Foot Past Left Foot.

SECTION 3 – SLOW JAZZ BOX WITH TOES STRUTS, WALK FORWARD X 3, KICK, WALK BACK X 3, TAP.

1-2 Cross Right Over Left, Step Left Foot Back
3-4 Step Right To Side, Step Left Next To Right.
5&6& Walk Forward On Right, Walk Forward On Left, Walk Forward On Right, Kick Left
7&8& Step Back On Left, Step Back On Right, Step Back On Left, Tap Right Next To Left

SECTION 4 – OUT IN OUT, SAILOR 1/4, OUT IN OUT, SAILOR STEP, SCUFF, STEP.

1-2 Point Right Foot To Right Side, Tap Right Back Next To Left, Point Right Foot To Right Side
3-4 Step Right Foot Behind Left, Step Left Next To Right Turning A 1/4 To The Left, Step Right Next To Left
5-6 Point Left Foot To Left Side, Tap Left Back Next To Right, Point Left Foot To Left Side
7-8& Step Left Foot Behind Right, Step Right Next To Left, Step Left Next To Right, Scuff The Right Foot And Step To The Side Of Left.

TAG: AFTER COMPLETING WALL 3, HOLD FOR 3 COUNTS, TWO MONTEREY HALF TURNS, HEEL AND HEEL AND SCUFF STEP

TAG: AFTER COMPLETING WALL 6, SAME AS ABOVE BUT NO HOLD

HOLD FOR 3 BEATS

1&2& TOUCH RIGHT TO SIDE, TURN ½ RIGHT, STEP RIGHT TOGETHER, TOUCH LEFT TO LEFT SIDE, STEP LEFT TOGETHER
3&4& TOUCH RIGHT TO SIDE, TURN ½ RIGHT, STEP RIGHT TOGETHER, TOUCH LEFT TO LEFT SIDE, STEP LEFT TOGETHER
5-6& STEP ON THE RIGHT HEEL, STEP ON THE LEFT HEEL,
7-8 SCUFF RIGHT FOOT NEXT TO LEFT AND STEP HOLD

Restart – Wall 6 After Section 2

On Walls 3,6 And 7 Cross Arms And Touch Knees At Section 1 Step 6
On Wall 7 (Last Wall) Section 4, Step 9, Turn A ¼ Turn To Face Front

At End Of Dance, Twist On Balls Of Feet To Right
