

Champion

拍数: 32 墙数: 4 级数: High Intermediate
编舞者: Hiroko Carlsson (AUS) - December 2018
音乐: Champion - Dwayne Bravo : (iTunes)



(32 count intro)

[S1] 2x R Kick Ball-Toe Strut, R Kick Ball-Fwd-Fwd, L Kick Ball-1/4R Cross

1&2& Kick R forward, Step R next to L, Step L forward with toe, Drop L heel down
3&4& Kick R forward, Step R next to L, Step L forward with toe, Drop L heel down
5&6& Kick R forward, Step R next to L, Step L forward, Step R forward
7&8 Kick L forward, Step L next to R, Make a ¼ turn right step/cross R over L (3:00)

[S2] Out-Out w/Kick, In-In w/ Kick, Back Rock, R Side Hops, Cross-1/4R Back, L Side Hops

1 2 Travelling backwards-Step L to side (out) and kick R diagonally forward, Step R to side (out) and kick L diagonally forward
3 4 Travelling backwards-Step L back to the centre (in) and kick R diagonally forward, Step R next to L (in) and kick L diagonally forward
5& Rock/step R back, Recover weight on L
6& Hop/step R to right side twice
7& Cross L over R, Make a ¼ turn left step back on R
8& Hop/step L to left side twice (12:00)

[S3] Cross Rock, Side w/ Drag, Knee Switches (1/4R-1/4L-Knee switch-1/4L), Step-Lock-Step, Chase Turn-Step-Lock

1&2 Rock/cross R over L, Recover weight on L, Big step R to right side and dragging L close to R
3& Making a ¼ turn right and step L next to R (with R knee pop), Making a ¼ turn left and step R next to L (with L knee pop)
4& Step L next to R (with R knee pop), Making a ¼ turn left and step R next to L (with L knee hitch) weight ends on R
5&6 Step L forward, Lock/step R behind L, Step L forward
7& Step R forward, Make a ½ turn left recover weight on L
8& Step R forward, Lock/step L behind R (3:00)

[S4] Fwd, 1/4R Side w/ Heel Grind, 1/4L Recover-1/4L-Touch Together, Charleston, Coaster-1/4L Cross

1 2 Step R forward, Heel grind with R whilst making a ¼ turn right stepping L to left side
3&4 Make a ¼ turn left recover weight on R, Make a ¼ turn left step L next to R, Touch R next to L** (12:00)
5&6 Touch R toe forward, Flick R to side, Step R back
7&8 Step L back, Step R next to L, Make a ¼ turn left cross/step L over R (9:00)

*4 count Tag: End of Wall 3 (3:00) - V Step

1 2 3 4 Step R diagonally forward (out), Step L diagonally forward (out), Step R back to the centre (in), Step L next to R (in)

Restart: On Wall 4 count 28** (3:00)

Please feel free to contact me if you need any further information. (hirokoclinedancing@gmail.com)
(updated: 20/Nov/18)