Nothin' but the BEST!!!

拍数: 32 **墙数:** 4 **级数:** Beginner

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音乐: Nothing But the Best - Frank Sinatra

MODIFIED TOE-TRIANGLE, COASTER STEP X 2 (RL)

1-2	Touch RF toes forward, Touch RF toes to R side
3&4	Step RF back, step LF beside right, step RF forward
5-6	Touch LF toes forward, Touch LF toes to L side
7&8	Step LF back, step RF beside left, Step LF forward

RF SHUFFLE FWD, PIVOT 1/2 R, LF SHUFFLE FWD, PIVOT 1/4 L

1&2	Step RF forward, Step LF beside R, Step RF forward
3-4	Step LF forward, Pivot 1/2 R
5&6	Step LF forward, Step RF beside L, Step LF Forward
7-8	Step RF forward, Pivot 1/4 L

VINE RIGHT, SYNCOPATED SCISSORS/ VINE LEFT, SYNCOPATED SCISSORS

1-2	Step RF to right side, Step LF behind R
3&4	Rock RF to right side, Recover LF, Cross RF over left
5-6	Step LF to left side, Step RF behind L
7&8	Rock LF to left side, Recover RF, Cross LF over right

SYNCOPATED SCISSORS FORWARD, RLR, LRL, TOE STRUT V-STEP

1&2	RF Step R, LF Recover, RF crosses LF and Hold (push and cross)
3&4	LF Step L, RF Recover, LF crosses RF and Hold (push and cross
5&6&	Touch RF toe diagonally forward (1:00), Step heel down, Touch LF toe diagonally forward (11:00),Step heel down
7&8&	Touch RF toe behind to centre, Step heel down, Touch LF toe beside R, Step heel down

REPEAT - No Tags, No Restarts

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